

Endless Mountains Cross Country Invitational

10/3/2009

Junior High Boys 3k

Name	Year School	Finals	Points
1 Jones, Luke	Elk Lake Jhs	10:44.2	1
2 Dial, Brody	North Pocono	11:25.6	2
3 Carney, Seth	Elk Lake Jhs	11:29.0	3
4 Vermeulan, Jason	Elk Lake Jhs	11:33.3	4
5 Horvath, Matt	Elk Lake Jhs	11:37.1	5
6 Sutphen, Frazee	Northwest Area	11:39.8	
7 Josiwicz, Ryan	Hanover Area	11:41.3	6
8 Rubino, Dave	North Pocono	11:52.0	7
9 Ayers, Carson	Tunkhannock Area	11:52.8	8
10 Werner, Matt	North Pocono	11:57.2	9
11 Gentile, Alex	North Pocono	12:02.2	10
12 Lupia, Joe	North Pocono	12:09.5	11
13 Packer, Chris	Tunkhannock Area	12:13.9	12
14 Hoolick, Ethan	Hanover Area	12:23	13
15 Williams, Matt	Hanover Area	12:27.6	14
16 Loomis, John	Tunkhannock Area	12:29.9	15
17 Shannon, Brandon	North Pocono	12:31.2	16
18 Shea, Dimitri	Pittston Area	12:32.6	
19 Pawlik, Trevor	North Pocono	12:35.1	17
20 Severns, Austin	Wyoming Valley West	12:35.7	
21 Austin, Jeffrey	Wyoming Valley West	12:38.5	
22 Cole, Cooper	Elk Lake Jhs	12:39.2	18
23 Harding, Drew	Dallas	12:39.7	19
24 Kerestes, Bobby	Hanover Area	12:54.6	20
25 Rome, Colby	Tunkhannock Area	12:59.5	21
26 Stalker, Joey	North Pocono	13:01.1	
27 Zaffuto, Brandon	Pittston Area	13:11.6	
28 Mattsen, Travis	Dallas	13:14.1	22
29 Reinert, Samuel	Dallas	13:18.3	23
30 Tomcho, Quinn	Mid Valley	13:29.6	
31 Moon, Zach	Elk Lake Jhs	13:34.3	24
32 Yunkunis, David	Wyoming Valley West	13:36.7	
33 Holeman, Sebastian	Hanover Area	13:37.0	25
34 Newman, Jordan	North Pocono	13:42.9	
35 Donovan, Blake	Dallas	13:43.7	26
36 Warner, Mike	North Pocono	13:45.9	
37 August, Joe	Hanover Area	13:48.8	27
38 Mislevits, Darrek	Hanover Area	13:51.1	28
39 Harvey, Alex	Hanover Area	13:53.0	
40 Filipiak, Eric	Wyoming Area	13:57.4	
41 Pomfret, David	Dallas	14:00.9	29
42 Goryll, Aaron	North Pocono	14:07.0	
43 Stonier, Justin	Tunkhannock Area	14:08.0	30
44 Temperine, Jace	Hanover Area	14:08.7	
45 Bennett, Austin	Elk Lake Jhs	14:12.9	31
46 Bozentka, Jake	Dallas	14:14.9	32
47 Bath, Stephen	Dallas	14:16.2	33
48 Harris, Richard	Mid Valley	14:20.8	
49 Troutman, Brian	North Pocono	14:24.7	
50 Meehan, Tom	North Pocono	14:28.3	

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51 Cefalo, Freddie	Wyoming Area	14:39.6	
52 Tidball, Jack	Tunkhannock Area	14:51.0	34
53 Roman, Brandon	Elk Lake Jhs	14:52.2	
54 McFadden, Todd	Hanover Area	14:56.7	
55 Radzwilka, Sean	Wyoming Area	15:00.6	
56 Maruzzelli, Angelo	Tunkhannock Area	15:02.1	35
57 Mattsen, Bryce	Dallas	15:03.2	
58 Kelly, Sam	Tunkhannock Area	15:13.7	
59 Belardi, Sergei	North Pocono	15:22.7	
60 Bernatowicz, Adam	North Pocono	15:28.0	
61 Appleby, Zack	Tunkhannock Area	15:30.0	
62 Cadden, Patrick	Pittston Area	15:32.8	
63 Matusiak, Luke	Dallas	15:41.7	
64 Casey, Michael	Dallas	15:49.7	
65 Slusser, Chris	Hanover Area	15:59.1	
66 Korski, Dennis	Mid Valley	16:16.0	
67 Lougee, Scott	North Pocono	16:47.5	
68 Bevevino, Rosario	Dallas	16:47.9	
69 Zajackowski, Branson	North Pocono	16:50.3	
70 Bauman, Blake	North Pocono	17:24.5	
71 Powell, Mike	Wyoming Valley West	20:13.4	

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Elk Lake Jhs	31	1	3	4	5	18	24	31		
2	North Pocono	39	2	7	9	10	11	16	17		
3	Hanover Area	78	6	13	14	20	25	27	28		
4	Tunkhannock Area School	86	8	12	15	21	30	34	35		
5	Dallas	119	19	22	23	26	29	32	33		

Endless Mountains Cross Country Invitational**10/3/2009****Junior High Girls 3k**

Name	Year School	Finals	Points
1 Rome, Regan	Dallas	12:08.57	1
2 Trowbridge, Elizabeth	Elk Lake Jhs	12:21.00	2
3 Doolittle, Alayna	Elk Lake Jhs	12:43.53	3
4 VanEtten, Jenny	Elk Lake Jhs	12:58.08	4
5 Kaminski, Michelle	Hanover Area	13:17.73	5
6 Williams, Emily	Elk Lake Jhs	13:24.29	6
7 Fannick, Maggie	Dallas	13:31.58	7
8 Grose, Allison	Dallas	13:36.21	8
9 Rodzinak, Alyssa	Pittston Area	13:44.92	9
10 Jones, Kenzie	Elk Lake Jhs	13:48.07	10
11 Gilhooley, Madison	Dallas	13:49.14	11
12 Salsman, Cassy	Elk Lake Jhs	13:53.36	12
13 Moldonaldo, Kyra	Hanover Area	13:53.63	13
14 Ortiz, Melissa	Hanover Area	14:03.43	14
15 Frear, Samantha	Tunkhannock Area	14:06.76	15
16 Boyle, Bridget	Dallas	14:11.96	16
17 Keegan, Marissa	Hanover Area	14:16.48	17
18 Mercanti, Megan	Mid Valley	14:17.14	18
19 Dissinger, Bryanna	Dallas	14:17.36	19
20 Ostrum, Megan	Dallas	14:21.84	20
21 Chaban, Alexis	Wyoming Valley West	14:23.08	21
22 Strausser, Brittney	North Pocono	14:24.23	22
23 Flaherty, Desiree	Tunkhannock Area	14:26.98	23
24 Hunt, Nicole	Tunkhannock Area	14:28.37	24
25 Golobek, Jessica	Hanover Area	14:30.12	25
26 Heide, Cassidy	Wyoming Valley West	14:37.23	26
27 Drutarovsky, Haley	Mid Valley	14:43.63	27
28 Whitney, Hannah	North Pocono	14:56.41	28
29 Anderika, Lauren	Pittston Area	14:57.42	29
30 Canterella, Natalie	Mid Valley	14:59.68	30
31 Brady, Ali	Pittston Area	15:01.82	31
32 Belardi, Olga	North Pocono	15:02.48	32
33 Simpson, Amy	Mid Valley	15:04.24	33
34 Seaman, Emily	Pittston Area	15:13.83	34
35 Valenti, Christina	Dallas	15:18.59	
36 Karzenoski, Ashley	Mid Valley	15:21.04	35
37 Parola, Sophia	North Pocono	15:25.28	36
38 Shannon, Kelly	North Pocono	15:26.05	37
39 Hall, Amanda	North Pocono	15:29.21	38
40 Filipiski, Tabitha	Pittston Area	15:35.71	39
41 Augustine, Kaylin	Dallas	15:43.37	
42 McMahon, Holly	Hanover Area	15:43.62	40
43 Dougherty, Megan	Pittston Area	15:47.59	41
44 Briggs, Christine	Pittston Area	15:49.35	42
45 Rome, Erin	Tunkhannock Area	15:50.79	43
46 Amos, Allison	Dallas	15:57.07	
47 Novack, Nicole	North Pocono	16:02.11	44
48 McDermott, Heidi	Wyoming Valley West	16:03.42	45
49 Freuhan, Danielle	North Pocono	16:09.47	

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50 Yannuzzi, Chrissy	Dallas	16:10.93	
51 Vermeulen, Lauren	Elk Lake Jhs	16:11.58	46
52 Forba, Emily	Elk Lake Jhs	16:16.40	
53 Kobylanski, Nicole	Mid Valley	16:18.73	47
54 Williams, Shannon	Pittston Area	16:20.15	
55 Reed, Samantha	Mid Valley	16:25.53	48
56 O'Malley, Nicole	North Pocono	16:29.91	
57 Mazur, Makensie	Wyoming Valley West	16:34.79	49
58 Schmitt, Jen	Wyoming Valley West	16:41.07	50
59 Mistysyn, Morgan	Mid Valley	16:42.11	
60 Weston, Katie	Hanover Area	16:47.24	51
61 Hanicak, Ashley	Mid Valley	16:52.57	
62 Musto, Olivia	Dallas	16:54.10	
63 Swetts, Kristie	Hanover Area	16:57.83	
64 Carey, Kayley	Wyoming Valley West	17:05.33	52
65 Linsey, Bethany	Wyoming Valley West	17:27.53	53
66 Marsola, Quinn	Dallas	17:32.43	
67 Nichols, Hayden	Tunkhannock Area	17:46.18	54
68 Elias, Maggie	Tunkhannock Area	17:56.26	55
69 Smith, Jessica	Hanover Area	17:59.50	
70 Siess, Victoria	Mid Valley	18:00.87	
71 Grohowski, Amber	Hanover Area	18:03.78	
72 Chew, Courtney	Elk Lake Jhs	18:06.68	
73 Scarantino, Isabella	North Pocono	18:13.20	
74 Ostrowski, Amanda	Wyoming Area	18:17.67	
75 Delarche, Michealine	Wyoming Valley West	18:26.81	
76 Kocher, Sierra	Hanover Area	18:49.16	
77 Carney, Keeley	Elk Lake Jhs	19:36.00	
78 Kohl, Abigail	Tunkhannock Area	19:50.71	56
79 King, Margaret	North Pocono	19:50.92	
80 Marchel, Rebecca	Mid Valley	20:01.17	
81 Bruce, Laura	North Pocono	20:24.60	
82 Quick, Megan	Tunkhannock Area	20:32.69	
83 Yekel, Brandi	Wyoming Valley West	22:21.41	
84 Karboski, Kira	Mid Valley	24:11.30	
85 Yakacki, Amy	Mid Valley	25:16.32	

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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1 Elk Lake 25 2 3 4 6 10 12 46
 Total Time: 1:05:14.97
 Average: 13:03.00

2 Dallas 43 1 7 8 11 16 19 20
 Total Time: 1:07:17.46
 Average: 13:27.50

3 Hanover Area 74 5 13 14 17 25 40 51
 Total Time: 1:10:01.39
 Average: 14:00.28

4 Pittston Area 142 9 29 31 34 39 41 42
 Total Time: 1:14:33.70
 Average: 14:54.74

5 Mid Valley 143 18 27 30 33 35 47 48
 Total Time: 1:14:25.73
 Average: 14:53.15

6 North Pocono 155 22 28 32 36 37 38 44
 Total Time: 1:15:14.45
 Average: 15:02.89

7 Tunkhannock Area School 159 15 23 24 43 54 55 56
 Total Time: 1:16:39.08
 Average: 15:19.82

8 Wyoming Valley West 191 21 26 45 49 50 52 53
 Total Time: 1:18:19.59
 Average: 15:39.92

Endless Mountains Cross Country Invitational**10/3/2009****Boys Varsity 5k**

Name	Year School	Finals	Points
1 Costello, Victor	North Pocono	16:50.62	1
2 Schultz, Jacob	Wyoming Area	17:42.40	
3 Evans, Teddy	Mid Valley	17:47.30	2
4 Ayers, Reece	Tunkhannock Area	17:50.94	3
5 Hromek, Chris	Wyoming Area	18:03.31	
6 Nardella, Mike	North Pocono	18:05.49	4
7 Stonier, Jeremy	Tunkhannock Area	18:07.07	5
8 Lubeck, John	Mid Valley	18:09.87	6
9 Robinson, Ben	Tunkhannock Area	18:27.96	7
10 Siegel, Jake	Tunkhannock Area	18:30.04	8
11 Duffy, Chris	West Scranton	18:33.26	
12 Lichtenwalter, Aaron	Mid Valley	18:36.29	9
13 Holmes, Robert	North Pocono	18:40.59	10
14 Hawkins, Forest	Hanover Area	18:44.74	11
15 Innes, Quintin	Wyoming Valley West	18:48.62	12
16 Sharr, Matt	Pittston Area	18:50.80	13
17 Novak, Diavd	Tunkhannock Area	18:58.91	14
18 Keating, Dan	North Pocono	19:00.65	15
19 Bandru, Joe	Pittston Area	19:01.41	16
20 Rainey, Jamison	North Pocono	19:05.16	17
21 McLean, Dave	Pittston Area	19:09.70	18
22 Charney, Andrew	Wyoming Area	19:17.48	
23 McFadden, Scott	Hanover Area	19:21.93	19
24 Hampton, Brandon	Pittston Area	19:23.49	20
25 Sansky, Jason	Mid Valley	19:36.13	21
26 VanHorn, Mac	Tunkhannock Area	19:43.60	22
27 Henigan, Tommy	Pittston Area	19:54.32	23
28 Anderson, Kevin	Wyoming Area	20:01.44	
29 Zapotek, Adam	Hanover Area	20:06.81	24
30 Kopec, Jim	Wyoming Valley West	20:12.51	25
31 Tonte, Kevin	Pittston Area	20:19.56	26
32 Duffy, Tom	West Scranton	20:26.52	
33 McGovern, Darian	Hanover Area	20:29.06	27
34 Costello, Dylan	North Pocono	20:31.21	28
35 Scotland, Quincy	Wyoming Valley West	20:32.10	29
36 Sperazza, RJ	Pittston Area	20:34.48	30
37 Kelly, Marty	North Pocono	20:49.97	31
38 Garcia, Andy	Hanover Area	20:53.59	32
39 Ide, Nick	Tunkhannock Area	20:55.53	33
40 Zawatski, Jesse	Hanover Area	20:57.34	34
41 Rish, Dan	Wyoming Valley West	20:58.27	35
42 Musto, Nick	Pittston Area	21:03.79	
43 Miller, Brandon	Mid Valley	21:05.26	36
44 Osko, Jeremy	Hanover Area	21:07.74	37
45 Cummings, Tyler	Pittston Area	21:12.85	
46 Daubert, Carl	Hanover Area	21:14.58	
47 Jadick, Jason	Tunkhannock Area	21:24.03	
48 Dodgson, Jamie	Mid Valley	21:31.49	38
49 Burton, Josh	Tunkhannock Area	21:40.79	
50 Ayers, Nate	Tunkhannock Area	21:48.22	

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Boys Varsity 5k

51 VanHorn, Spencer	Tunkhannock Area	21:49.25	
52 Tonte, Keith	Pittston Area	21:49.95	
53 Baldwin, Brian	Pittston Area	21:54.89	
54 Chowanec, Joey	Mid Valley	21:59.35	39
55 Shaw, Daniel	Tunkhannock Area	22:04.15	
56 Guy, Criss	Pittston Area	22:14.41	
57 Carichner, Karl	Tunkhannock Area	22:28.14	
58 Bartoli, Tony	Mid Valley	22:56.66	
59 Costello, Cody	North Pocono	23:09.13	
60 Jaworski, Adam	Wyoming Valley West	23:40.26	40
61 Bookwalter, Cody	Wyoming Valley West	24:12.45	41
62 Yakacki, Alex	Mid Valley	24:17.21	
63 Czachor, Jerome	Mid Valley	24:40.21	
64 Lombardo, John	Pittston Area	24:50.07	
65 Borysewicz, Frank	Pittston Area	26:38.00	
66 Jones, Mike	Wyoming Valley West	29:30.31	42
67 Yancheck, Tom	Hanover Area	30:38.11	

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Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
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1 Tunkhannock Area 37 3 5 7 8 14 22 33

Total Time: 1:31:54.92

Average: 18:22.99

2 North Pocono 47 1 4 10 15 17 28 31

Total Time: 1:31:42.51

Average: 18:20.51

3 Mid Valley 74 2 6 9 21 36 38 39

Total Time: 1:35:14.85

Average: 19:02.97

4 Pittston Area 90 13 16 18 20 23 26 30

Total Time: 1:36:19.72

Average: 19:15.95

5 Hanover Area 113 11 19 24 27 32 34 37

Total Time: 1:39:36.13

Average: 19:55.23

6 Wyoming Valley West 141 12 25 29 35 40 41 42

Total Time: 1:44:11.76

Average: 20:50.36

Endless Mountains Cross Country Invitational**10/3/2009****Varsity Girls 5k**

Name	Year School	Finals	Points
1 Lombardo, Catherine	Pittston Area	20:22.67	1
2 Ayers, Amelia	Tunkhannock Area	20:53.25	2
3 Golden, Michelle	Wyoming Area	21:19.10	
4 Kane, Molly	North Pocono	21:53.50	3
5 Antall, Paige	Hanover Area	21:53.81	4
6 McGovern, Johnna	Hanover Area	21:56.43	5
7 Plant, Alexandra	Wyoming Valley West	22:06.36	
8 Proulx, Katie	Tunkhannock Area	22:19.17	6
9 Kuhl, Alyssa	Hanover Area	22:23.75	7
10 Mericle, Julia	Wyoming Valley West	22:24.60	
11 Kutcha, Kaitlyn	Pittston Area	22:29.52	8
12 Radzwilka, Sara	Wyoming Area	22:35.12	
13 Budert-Waltz, Tiffany	North Pocono	22:39.37	9
14 Orr, Karrie	North Pocono	22:43.54	10
15 Perrins, Stacey	Pittston Area	22:44.76	11
16 Nole, Anna	Tunkhannock Area	22:46.58	12
17 Hunt, Amanda	Tunkhannock Area	22:53.18	13
18 Lanza, Olivia	Pittston Area	22:53.87	14
19 Lombardo, Kristen	Pittston Area	23:10.03	15
20 Cumbo, Jordan	Pittston Area	23:23.66	16
21 Keegan, Amanda	Hanover Area	23:26.62	17
22 Franssen, Sarah	North Pocono	23:39.71	18
23 Stefanelli, Michelle	North Pocono	23:49.47	19
24 Drutarovsky, Holly	Mid Valley	24:05.49	20
25 Hatala, Jessica	Mid Valley	24:17.88	21
26 Paddock, Colleen	Wyoming Valley West	24:27.32	
27 Lang, Gabby	North Pocono	24:37.74	22
28 Condida, Meranda	Mid Valley	24:57.86	23
29 Zrybko, Amy	North Pocono	25:11.78	24
30 Menichini, Ashley	Pittston Area	25:28.30	25
31 Para, Lauren	Pittston Area	25:41.53	
32 Werner, Natalie	North Pocono	25:58.40	
33 Zanta, Charley	Pittston Area	26:04.07	
34 Metric, Marissa	Hanover Area	26:13.08	26
35 Golden, Kim	Wyoming Area	26:34.39	
36 Dymond, Stephine	Tunkhannock Area	26:42.33	27
37 Kost, Jill	Hanover Area	27:36.68	28
38 Gallant, Kassie	North Pocono	27:40.20	
39 Zajackowski, Tarah	North Pocono	27:49.80	
40 Barrenechea, Vania	Mid Valley	28:14.56	29
41 Zadzura, Tara	Mid Valley	28:25.63	30
42 Crake, Sara	Wyoming Area	28:30.40	
43 Esser, Leigh Ann	Pittston Area	29:07.80	
44 Jennings, Elissa	Tunkhannock Area	29:21.12	31
45 Campbell, Danielle	Mid Valley	29:34.70	32
46 Hurrey, Ashlyn	Mid Valley	30:29.44	33
47 Fabricatore, Katie	Mid Valley	31:24.31	

Endless Mountains Cross Country Invitational

10/3/2009

Overall Open/JV/Masters Results

1 Randy White	M	masters	20:24
2 Jenny Stevens	F	open	21:29
3 Ho Titman	M	masters	22:27
4 Ally Rome	F	open	23:54
5 Katie Conlon	F	open	24:45
6 Holly Horton	F	open	25:27
7 Bridget White	F	masters	27:51
8 Dave Ide	M	masters	29:26
9 Jessica Sheeley	F	open	31:08
10 Kristianna Kraybill	F	open	35:49