

Frank J. Valvano Memorial 10K Run & 5K Walk/Run

July 25th, 2009 ~ Lake Carey

Results of 5K run.

1. Josh Getts 17:24
2. Tom Damiani 17:38
3. Ben Robinson 17:39
4. Corey Read 18:18
5. Dillon Otten 18:41
6. Joseph Cardillo 18:49
7. James Wozniak 19:04
8. Ryan Kairis 19:22
9. Reginald Thomas 20:46
10. Doug Wilson 20:31
11. Nathan Ayers 20:37
12. Austin Thomas 20:46
13. Eric Atkinson 21:33
14. Carson Ayers 21:35
15. Harold Titman 22:03
16. Katy Martin 22:37
17. Katie Grap 22:39
18. Dale Yarasavage 23:05
19. Kathleen Brier 23:06
20. John Dosiak 23:32
21. Mary Brier 23:44
22. Jeremy Brown 23:51
23. Jeff Ayers 23:57
24. Rich Keogh 24:04
25. Zach Daniels 24:11
26. Thaddeus Vaskus 24:17
27. Chris Conklin 24:45
28. Angela Franko 24:55
29. Jay Bushen 25:06
30. Jackie Comerford 25:08
31. Sara Lupinski 25:32
32. Paul Lupinski 25:33
33. Diana Kloss 25:33
34. Alice McLaughlin 25:36
35. Tom Ostrowski 25:42
36. Lewis Flinn 25:50
37. Tierney Ayers 25:59
38. Jessica McLaughlin 26:09
39. Stephen Parone 26:11
40. Kirk Bushen 26:27
41. Dawn Strickland 26:50
42. Gena Lengel 26:52
43. Carie Burke 27:01
44. Christina Krut 27:04
45. Mary Sayre 27:14
46. Betsy Sayre 27:15
47. Roger Sayre 27:16
48. Jack Tidball 27:31
49. John Tidball 27:33
50. Nick DeCarlo 27:37
51. Kathryn Egan 27:40
52. Pat Sample 28:06
53. Megan Dunning 28:43
54. Jerry Pitkus 28:46
55. Jack Moreck 29:24
56. Jenny Reinold 30:55
57. Frances Urie 31:40
58. Phil Urie 31:48
59. Kristen Padden 33:48
60. Donna Yarasavage 33:48
61. Keri Pickett 34:26
62. Stacy Fusco 34:27
63. Kaaron Swanson 34:49
64. Ed Jennings 35:46
65. Teresa Cavalier 36:01
66. Linda Price 40:17
67. Ellen Berlinger 41:25

Overall winner-Josh Getts

Age group winners:

Male

14 and under

1. Carson Ayers
2. Zach Daniels
3. Jack Tidball

15 to 19

1. Tom Domiani
2. Ben Robinson
3. Dillon Otten

20 to 29

1. Corey Read
2. Kathleen Brier
3. Jeremy brown

30 to 39

1. James Wozniak
2. Ryan Kairis
3. Chris Conklin

40 to 49

1. Joe Cardillo
2. John Dosiak
3. Thad Vaskas

50 to 59

1. Reginal Thomas
2. Dale Yarsavage
3. Jeff Ayers

60 and above

1. Harold Titman
2. Jerry Pitkus
3. Ed Jennings

Big Boned Division

Sub masters – Paul Lupinski

Masters – Tom Ostrowski

Results of 10K run:

1. Chris Wadas 33:25
2. Tom Daniels 35:09
3. Chris Thatcher 37:09
4. John Evangelista 37:40
5. Randy White 40:26
6. Mark Dorish 41:46
7. Jeremy Stonier 41:53
8. Dan Toye 42:17

Female

**First Overall –
Austin Thomas**

15 to 19

1. Tierney Ayers
2. Jessica McLaughlin
3. Christina Krut

20 to 29

1. Katie Grap
2. Doug Wilson
3. Mary Brier

30 to 39

1. Katy Martin
2. Jackie Comerford
3. Sara Lupinski

40 to 49

1. Alice McLaughlin
2. Dawn Strickland
3. Gena Lengel

50 to 59

1. Pat Sample
2. Francis Urie
3. Donna Yarsavage

60 and above

1. Ellen Barlinger

16. Nate Wilcox 46:51
17. Bob Guzzi 47:47
18. Dave McSherry 49:24
19. Amanda Coleman 50:05
20. Ed Hetzel 51:51
21. John Regley 52:11
22. Cheryl Padden 52:19
23. Jill Matthews 52:32

9. Paul Keeler 42:21
10. Dan Schultz 44:24
11. Michael Delano 44:34
12. Matt Maloney 44:36
13. Mike Egan 44:57
14. Martin Perez 46:08
15. Ian Barnes 46:32

24. Bridget White 52:43
25. Gene Padden 54:41
26. Mike Detrician 55:03
27. Gerald Williams 55:23
28. Manda DaGata 55:23
29. Janet Lanton 56:36
30. John Jeffery 1:04'12

First place overall – Chris Wadas

First overall female- Amanda Coleman

10 K age group winners:

15 to 19

1. Jeremy Stonier

20 to 29

1. Tom Daniels
2. Dan Toye
3. Matt Maloney

30 to 39

1. Chris Thatcher
2. John Evangelista
3. Paul Keeler

40 to 49

1. Randy White
2. Mark Dorish
3. Mike Delano

50 to 59

1. Mike Egan
2. Dave McSherry
3. Ed Hetzel

Results of 5K walk:

1. Dave Talcott 25:09
2. Christine Snarski 32:42
3. Deb Sodtysiak 33:03
4. Donna Riley 38:55
5. Genie Papatopoli 39:58
6. Molly Mattioli 40:56
7. Joe Mattioli 40:56
8. Wilma Gay 41:01
9. Lisa Burleson 42:22
10. Nancy Marshall 42:24

20 to 29

1. Cheryl Padden
2. Jill Matthews
3. Janet Lanton

30 to 39

1. Manda D'Agata

40 to 49

1. Bridget White

30. Michael Kreidler 49:47
31. Anita Drouse 49:56
32. Greta Von Ahrens 49:59
33. Bob Galella 50:0
34. Terri Mooradd 50:24
35. Michael Mooradd 50:55
36. Anne Brier 50:56
37. Bob Brier 51:02
38. Sue Gibbons 51:51
39. Jane Helman 52:06

11. Debbie Kissell 42:40
12. Teresa Puher 43:15
13. Eileen Ogan 43:56
14. Debbie Rhinard 44:21
15. Kathi Keefe 44:35
16. Jackie Leszcynski 44:36
17. Pam Valvano 45:01
18. Teena Thatcher 45:38
19. Paul Ancona 46:15
20. Ciena Leshley 46:40
21. Leah Valvano 46:51
22. Sara Burke 47:57
23. Kevin Burke 48:02
24. Shona Craig 48:05
25. Kate Gibbons 48:06
26. Anne Gregory 48:07
27. Maria Sherwood 48:10
28. Joni Sharp 48:15
29. Olivia Dymond 48:58

40. Hollie D’Gata 52:07
41. Tiffany Wiernusz 53:22
42. Catherine Malarkey 54:23
43. Rachel Wiernusz 54:23
44. Alexa Miller 54:24
45. Dave Malarkey 54:25
46. Travis Wilson 54:40
47. Adam Wiernusz 56:15
48. Nicole Emmi 56:35
49. Randy Shupp 56:35
50. Kris Yute 56:57
51. Lynelle Yute 58:08
52. Ellen Welsh 58:08
53. Annette Sheldon 58:57
54. Edee Smith 1:02
55. Ernie D’Gata 1:02
56. Jeanette Nolan 1:03

Overall winner – Dave Talcott

Overall female winner – Christine Snarski

