

Race Name: MetroCast Giving Back 5K
 Race Directors: Chrissy Carey and Doug Alter
 Timing by: Doug Alter
 Race Name: MetroCast Giving Back 5K
 Race Date: Saturday, April 21, 2012
 Berwick, Pa.



2012 MetroCast Giving Back 5K - Race Results - OVERALL

Place	Name	Age	Age Group Place	Time
1	Mike Lisnock	39	First Place Male Overall	17:42
2	Shane Martz	29	Second Place Male Overall	19:02
3	Wade Joline	17	Third Place Male Overall	19:08
4	Jacob Readler	28	First Place Male 25-29	19:56
5	William Martz	26	Second Place Male 25-29	20:10
6	Bob Welby	59	First Place Male 55-59	20:11
7	Kelly Maze	25	First Place Female Overall	20:47
8	Marcus Joline	14	First Place Male 12-14	21:10
9	Scott Sick	53	First Place Male 50-54	21:14
10	Herb Kline	52	Second Place Male 50-54	21:22
11	Philip Keifer	30	First Place Male 30-34	22:00
12	C.J. Whitmire	15	First Place Male 15-19	22:04
13	David Daku	62	First Place Male 60-64	22:10
14	Kerry Zawadski	36	Second Place Female Overall	22:19
15	Rob Golder	45	First Place Male 45-49	22:21
16	Timothy Peters	26	Third Place Male 25-29	22:28
17	Ann Sick	53	Third Place Female Overall	22:33
18	John Zawadski	40	First Place Male 40-44	22:34
19	EJ Moore	53	Third Place Male 50-54	22:54
20	Scott Hook	39	First Place Male 35-39	23:08
21	Don Murray	54		23:22
22	Roland Gensel	62	Second Place Male 60-64	23:30
23	Christian Tloczynski	19	Second Place Male 15-19	23:48

24	Dick Rishe		63	Third Place Male 60-64	24:18
25	Ramon Colon		46	Second Place Male 45-49	24:28
26	Angela Hagenbuch		37	First Place Female 35-39	24:39
27	Janelle Surkin		42	First Place Female 40-44	24:42
28	Rich Wilczyoski		46	Third Place Male 45-49	24:43
29	John Yohey		46		24:53
30	Lynn Ziller		37	Second Place Female 35-39	24:55
31	Dean Wanzie		16	Third Place Male 15-19	24:56
32	Manda Mowery		41	Second Place Female 40-44	25:10
33	Tracy Golder		41	Third Place Female 40-44	25:16
34	Nicole Gallagher		25	First Place Female 25-29	25:19
35	Max Furek		65	First Place Male 65-69	25:21
36	Will Stimeling		28		25:24
37	Richelle Fessler		48	First Place Female 45-49	25:30
38	Jim Bruder		39	Second Place Male 35-39	25:31
39	Melanie Golomb		31	First Place Female 30-34	25:38
40	Len Simpson		63		25:41
42	Ed Steber		42	Second Place Male 40-44	26:00
41	Bill Osborne		51		26:00
43	Sunni Snyder		31	Second Place Female 30-34	26:12
44	Nathan Fisher		32	Second Place Male 30-34	26:12
45	Scott Canouse		61		26:27
46	Jeff Haedrich		51		26:30
47	Ingrid Haedrich		47	Second Place Female 45-49	26:33
48	Stephen Sheer		33	Third Place Male 30-34	26:42
49	Ralph Pollock		52		26:53
50	Brook Welsh		31	Third Place Female 30-34	27:18
51	Pam Dalberto		40		27:27
52	Darla McMichael		53	First Place Female 50-54	27:43
53	Susie Brown		30		27:48
54	Nancy Lee Harmon		53	Second Place Female 50-54	28:29
55	Jonathan Morgan		10	First Place Male Under 12	28:34
56	John Zukauskas		58	Second Place Male 55-59	28:34
57	Amanda Steinberger		25	Second Place Female 25-29	28:37
58	Andrea Tloczynski		48	Third Place Female 45-49	28:56
59	Rachel Stout		18	First Place Female 15-19	28:59
60	Fred Takas		60		29:05
61	Griffin Keller		10	Second Place Male Under 12	29:20
62	Candice Beddiges		30		29:35
63	Kathy Keller		44		29:37
64	Daren Cragle		33		30:00
65	Amanda Strouse		24	First Place Female 20-24	30:06
66	Lee Samsel		61		30:07
67	Mattie Rebuck		29	Third Place Female 25-29	30:34
68	Roger Crake		59	Third Place Male 55-59	30:37
70	John Jaffin		41	Third Place Male 40-44	30:58

69	Leslie Alter		26		30:58
71	Shuna Smith		29		30:59
72	Ryan Pearson		40		31:04
73	Bryan Carlin		55		31:37
74	William Trivelpiece		24	First Place Male 20-24	31:45
75	Frank McDonald		70	First Place Male 70+	32:53
76	Wayne Fetterman		47		32:54
77	Nick Wiest		31		32:55
78	Krissy Metz		38	Third Place Female 35-39	33:36
79	Gretchen Mijajlovic		33		34:28
80	Jo Wall		28		34:32
81	Alyssa Biegley		24	Second Place Female 20-24	34:57
82	Mary Handzun		56	First Place Female 55-59	35:46
83	Sandra Kirchner		36		37:12
84	Lori Traugh		48		37:56
85	Joanne Katarsky		38		38:09
86	Carla Scala		60	First Place Female 60-64	38:51
87	Brenda Gensemer		65	First Place Female 65-69	38:52
88	Tommy Carey		9	Third Place Male Under 12	38:57
89	Brenna Yaple		9	First Place Female Under 12	39:08
90	David Yaple		45		39:09
91	Rebecca Luthi		28		39:29
92	Pammy Luthi		48		39:31
93	Sharon Wilson		55	Second Place Female 55-59	39:41
94	Ed Livsey		81	Second Place Male 70+	41:28
95	Carson Keller		13	Second Place Male 12-14	43:42
96	Chris Keller		44		44:04
97	Lori Carey		45		48:19
98	Joanna Volin		28		48:30
99	Margani Robyn		31		48:31
100	Anna Antoniello		40		50:16
101	Brandon Brown		30		50:23
102	Gavin Luthi		8		50:31
103	Charlene Luthi		28		50:48
104	Arlinda Burd		32		51:08
105	Lisa Berkey		52	Third Place Female 50-54	51:09
106	Lilly Martz		11	Second Place Female Under 12	51:10
107	Olga Hosler		27		52:23
108	Dawn Bogart		45		52:24
109	Denise Barnes		40		52:54
110	Cheri Kile		53		52:55
111	Jane Martin		50		53:44
112	Dawn Gregory		52		54:33
113	Tri Nguyen		37	Third Place Male 35-39	54:34
115	Norman Peters		80	Third Place Male 70+	54:48
114	Ho Ngoc		27		54:48

116	Roberta Carlin		54		54:49
117	Randy Peters		51		56:26
118	Merissa Wark		10	Third Place Female Under 12	56:27
119	Theresa Wark		53		59:06
120	April Kishbaugher-Lefler		46		59:23
121	Wendy Alter		52		59:24
122	Carole Whitenight		46		59:39
123	Stacy Zanoline		27		59:50
124	Pete Carros		24	Second Place Male 20-24	59:51
125	Tammy Dietterick		53		59:52
126	Tom Carey		52		59:55
127	Victoria Warg		13	First Place Female 12-14	59:59
128	Lori Warg		48		60:03
129	Deborah Hosier		59	Third Place Female 55-59	60:05

2012 MetroCast Giving Back 5K - Race Results - BY PLACE

Top 3 Males Overall

Mike Lisnock	First Place Male Overall	17:42
Shane Martz	Second Place Male Overall	19:02
Wade Joline	Third Place Male Overall	19:08

Top 3 Females Overall

Kelly Maze	First Place Female Overall	20:47
Kerry Zawadski	Second Place Female Overall	22:19
Ann Sick	Third Place Female Overall	22:33

Under 12 Male

Jonathan Morgan	First Place Male Under 12	28:34
Griffin Keller	Second Place Male Under 12	29:20
Tommy Carey	Third Place Male Under 12	38:57

Under 12 Female

Brenna Yapple	First Place Female Under 12	39:08
Lilly Martz	Second Place Female Under 12	51:10
Merissa Wark	Third Place Female Under 12	56:27

12-14 Male

Marcus Joline	First Place Male 12-14	21:10
Carson Keller	Second Place Male 12-14	43:42

12-14 Female

Victoria Warg	First Place Female 12-14	59:59
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15-19 Male

C.J. Whitmire	First Place Male 15-19	22:04
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Christian Tloczynski	Second Place Male 15-19	23:48
Dean Wanzie	Third Place Male 15-19	24:56

15-19 Female

Rachel Stout	First Place Female 15-19	28:59
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20-24 Male

William Trivelpiece	First Place Male 20-24	31:45
Pete Carros	Second Place Male 20-24	59:51

20-24 Female

Amanda Strouse	First Place Female 20-24	30:06
Alyssa Biegley	Second Place Female 20-24	34:57

25-29 Male

Jacob Readler	First Place Male 25-29	19:56
William Martz	Second Place Male 25-29	20:10
Timothy Peters	Third Place Male 25-29	22:28

25-29 Female

Nicole Gallagher	First Place Female 25-29	25:19
Amanda Steinberger	Second Place Female 25-29	28:37
Mattie Rebuck	Third Place Female 25-29	30:34

30-34 Male

Philip Keifer	First Place Male 30-34	22:00
Nathan Fisher	Second Place Male 30-34	26:12
Stephen Sheer	Third Place Male 30-34	26:42

30-34 Female

Melanie Golomb	First Place Female 30-34	25:38
Sunni Snyder	Second Place Female 30-34	26:12
Brook Welsh	Third Place Female 30-34	27:18

35-39 Male

Scott Hook	First Place Male 35-39	23:08
Jim Bruder	Second Place Male 35-39	25:31
Tri Nguyen	Third Place Male 35-39	54:34

35-39 Female

Angela Hagenbuch	First Place Female 35-39	24:39
Lynn Ziller	Second Place Female 35-39	24:55
Krissy Metz	Third Place Female 35-39	33:36

40-44 Male

John Zawadski	First Place Male 40-44	22:34
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Ed Steber	Second Place Male 40-44	26:00
John Jaffin	Third Place Male 40-44	30:58

40-44 Female

Janelle Surkin	First Place Female 40-44	24:42
Manda Mowery	Second Place Female 40-44	25:10
Tracy Golder	Third Place Female 40-44	25:16

45-49 Male

Rob Golder	First Place Male 45-49	22:21
Ramon Colon	Second Place Male 45-49	24:28
Rich Wilczyoski	Third Place Male 45-49	24:43

45-49 Female

Richelle Fessler	First Place Female 45-49	25:30
Ingrid Haedrich	Second Place Female 45-49	26:33
Andrea Tloczynski	Third Place Female 45-49	28:56

50-54 Male

Scott Sick	First Place Male 50-54	21:14
Herb Kline	Second Place Male 50-54	21:22
EJ Moore	Third Place Male 50-54	22:54

50-54 Female

Darla McMichael	First Place Female 50-54	27:43
Nancy Lee Harmon	Second Place Female 50-54	28:29
Lisa Berkey	Third Place Female 50-54	51:09

55-59 Male

Bob Welby	First Place Male 55-59	20:11
John Zukauskas	Second Place Male 55-59	28:34
Roger Crake	Third Place Male 55-59	30:37

55-59 Female

Mary Handzun	First Place Female 55-59	35:46
Sharon Wilson	Second Place Female 55-59	39:41
Deborah Hosier	Third Place Female 55-59	60:05

60-64 Male

David Daku	First Place Male 60-64	22:10
Roland Gensel	Second Place Male 60-64	23:30
Dick Rishe	Third Place Male 60-64	24:18

60-64 Female

Carla Scala	First Place Female 60-64	38:51
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65-69 Male

Max Furek	First Place Male 65-69	25:21
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65-69 Female

Brenda Gensemer	First Place Female 65-69	38:52
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70+ Male

Frank McDonald	First Place Male 70+	32:53
Ed Livsey	Second Place Male 70+	41:28
Norman Peters	Third Place Male 70+	54:48