

ARCC/YMCA Shamrock 5K Run/Walk, Towanda, Pa.

Saturday, March 16, 2013 Submitted by: Amy Miller

Place	Name	Time	Place	Name	Time
1	Sam Williams	16:17	72	Malina Ramires	40:38
2	Michael Murphy	17:32	73	Ty Rieder	40:59
3	Adam Russell	18:34	74	Jenifer Landmesser	41:22
4	Bob Moore	19:38	75	Kara Eberlin	42:05
5	Erika Huffman	20:49	76	Ryan Eberlin	42:05
6	Jordan Schools	20:54	77	Jenna Jacobs	42:34
7	Michael Hudyncia	21:26	78	Elizabeth Johnston	42:54
8	Rachel Murphy	21:59	79	Randi Reeve	42:54
9	Nancy Kinner	22:02	80	Amanda Evans	42:56
10	Tabitha Dunn	22:04	81	Darcy Thompson	42:57
11	Luke Horning	22:24	82	Linda Kocan	42:57
12	Mitchell Schools	22:27	83	Sydney Schoonover	43:18
13	Stephen Saylor	23:14	84	Ashley Vanderpool	43:18
14	Christopher Coon	23:50	85	John Kizer	44:14
15	James Kizer	23:55	86	Nicole Marie McNew	44:25
16	Bailey Gorman	24:23	87	Brooke Williams	44:27
17	Dann Lepper	24:26	88	Brenda Jacobs	44:48
18	William Trujillo	24:27	89	Rebecca Leyva	45:05
19	Bob Chamberlain	25:06	90	Breanna Brokaw	45:29
20	Jeffrey Cole	25:37	91	Krista Davidson	45:48
21	Mark Barto	25:41	92	Miriam Wilcox	45:48
22	Tracy Horning	26:07	93	Clayton Watkins	45:58
23	Steven Filante	26:11	94	Kelly Vargason	46:10
24	Taylor Arnold	27:14	95	Barbi Elliott	46:11
25	Jeremy Wilcox	27:33	96	Mary Williams	46:18
26	Jason Henry	27:44	97	Nancy Lamphere	46:22
27	Melissa Frank	28:04	98	Sarah Coon	46:22
28	Emily Edwards	28:13	99	Kendise Pickering	46:23
29	Joel Davis	28:22	100	Owen Clark	46:48
30	Mike Meagher	28:40	101	Christopher Schad	47:40
31	Katie Conroy	28:54	102	Shannon Clark	48:01
32	Lillias Gorman	29:01	103	Sarah Adams	48:02
33	Nicole Williams	29:11	104	Jenni Lane	48:02
34	James Heft	29:13	105	Kristine Watkins	48:50
35	Jeff Russell	30:14	106	Bob Watkins	48:52

36	Jason Shelhamer	30:20	107	Carson Watkins	48:53
37	Asti Tucker	30:25	108	Lisa Lewis	49:04
38	Kay Patton	30:51	109	Ann Carlson	49:45
39	Jessica Flynn	30:52	110	Diane Landmesser	50:10
40	Teresa Trujillo	31:51	111	Kelly Tomlinson	50:10
41	Michele Quatrini	32:17	112	Missy Boardman	50:13
42	Sara Goble	32:30	113	Jen Farley	50:14
43	Shari Williams	33:06	114	Katie Boardman	50:14
44	Stephanie Roy	33:17	115	Pauline Watkins	50:18
45	Cheyenne Brown	33:25	116	Wendy Root	50:19
46	Ronda Bouse	33:34	117	Danielle Gorman	50:21
47	Annette Bender	33:34	118	Joyce Root	50:21
48	Tara Mowry	33:36	119	Nargiza Ismilove	50:22
49	Erika Steele	33:47	120	Sacha Snell	50:23
50	Kimberly Blow	34:01	121	Lorie Radney	50:23
51	Misty Jo Blowers	34:21	122	Tina Barto	52:04
52	Colleen Lewis	34:36	123	Larry Dunn	52:07
53	Kristi Coleman	34:47	124	Martha Dunn	52:43
54	Jamie Heft	34:58	125	Sherry Spencer	52:45
55	Doreen Secor	35:24	126	Teresa Stemler	52:46
56	Valerie Miller	35:52	127	Danise Fairchild	53:56
57	Nikki Schoonover	35:52	128	Amy Jo Brown	53:57
58	Shelby Morris	36:38	129	Cindi Webster	55:30
59	Michelle Williams	26:38	130	Cassandra Woodburn	56:51
60	Stacey Bowman	37:07	131	Deb Toole	56:56
61	Jason Bowman	37:07	132	Megan Hadlock	56:59
62	Carina Beebe	37:07	133	Chastity Kisner	57:24
63	Chris VanDerpool	37:17	134	Nicci Gordan	57:24
64	John Secor	37:25	135	Barbara Gordon	57:30
65	Julie Kassak	37:25	136	Kim Walker	1:01:37
66	Tina Stueck	38:45	137	Faith McNeal	1:02:19
67	Carol Place	39:04	138	Megan Roberts	1:02:19
68	Al Ondrey	39:28	139	Rory Scott	1:02:20
69	Alyssa Bobber	40:22	140	Samantha Tice	1:02:29
70	Jenna Mayers	40:23	141	Meredith Farr	1:02:38
71	Miranda Kingsley	40:23	142	David Mann	1:02:38

ARCC/YMCA Shamrock 5K Race Medal Winners

Female Overall: Erika Huffman 20:49

Male Overall: Sam Williams 16:17

10& Under		Female
1	Shelby Morris	36:38
2	Carina Beebe	37:07
3	Rory Scott	1:02:20

10& Under		Male
1	Clayton Watkins	45:58
2	Owen Clark	46:48
3	Carson Watkins	48:53

Age 11-19		Female
1	Taylor Arnold	27:14
2	Emily Edwards	28:13
3	Katie Conroy	28:54

Age 11-19		Male
1	Jordan Schools	20:54
2	Luke Horning	22:24
3	Mitchell Schools	22:27

Age 20-29		Female
1	Tabitha Dunn	22:04
2	Melissa Frank	28:04
3	Nicole Williams	29:11

Age 20-29		Male
1	Christopher Coon	23:50
2	James Kizer	23:55
3	John Secor	37:25

Age 30-39		Female
1	Rachel Murphy	21:59
2	Nancy Kinner	22:02
3	Tracy Horning	26:07

Age 30-39		Male
1	Michael Murphy	17:32
2	Adam Russell	18:34
3	Jeremy Wilcox	27:33

Age 40-49		Female
1	Shari Williams	33:06
2	Annette Bender	33:34
3	Erika Steele	33:47

Age 40-49		Male
1	Stephen Saylor	23:14
2	Mark Barto	25:41
3	Joel Davis	28:22

Age 50-59		Female
1	Kay Patton	30:51
2	Doreen Secor	35:34
3	Barbi Elliott	46:11

Age 50-59		Male
1	Bob Moore	19:38
2	Michael Hudyncia	21:26
3	Dann Lepper	24:26

Age 60+		
1	Chris VanDerpool	37:17
2	Linda Kocan	42:57
3	Joyce Root	50:21

Age 60+		
1	William Trujillo	24:27
2	John Kizer	44:14
3		

Posted at NEPARunner.com