

2013 Mountain Energy Frank Valvano
Memorial 5K Run & Walk & 10K
Lake Carey, PA 7/27/2013



Results submitted by: Dick Daniels

5K Walk

- | | | |
|---------------------------|--------------------------|-----------------------------|
| 1. Dave Talcott 24:10 | 10. Eli Mattioli 48:29 | 19. Virginia McGregor 51:54 |
| 2. ErinTalcott 24:32 | 11. Joe Mattioli 48:34 | 20. Mary McGregor 52:24 |
| 3. Ethan Caprioli 39:28 | 12. Stacy Mattioli 48:53 | 21. Holly D'Agata 52:48 |
| 4. Ryan Caprioli 39:29 | 13. Molly Mattioli 48:54 | 22. Marla McNabb 56:50 |
| 5. Sharon Caprioli 39:46 | 14. Joe Mattioli 48:56 | 23. Dana Wesneski 56:56 |
| 6. Nancy Marshall 44:21 | 15. Crystal Posten 48:58 | 24. Nicole Wesneski 57:26 |
| 7. Debbie Rhinard 44:31 | 16. Rachel Harris 48:59 | 25. Midge Dingee 1:01:56 |
| 8. Jackie Lezcynski 45:55 | 17. Kim Harris 50:06 | 26. Emmett Dingee 1:01:57 |
| 9. Teena Thatcher 46:22 | 18. Debbie Holod 50:13 | |

Age Group Results

Female

Male

First Overall ~ Erin Talcott 24:32 (New Record)

Dave Talcott 24:10 (New Record)

14 and under 1. Dana Wesneski 56:56

1. Ethan Caprioli 39:28

15 to 19 1. Mary McGregor 52:24

20 to 29 1. Stacy Mattioli 48:53

1. Joe Mattioli 48:56

30 to 39 1. Sharon Caprioli 39:46

1. Ryan Caprioli 39:29

40 to 49 1. Crystal Posten 48:58

50 to 59 1. Nancy Marshall 44:21

1. Joe Mattioli 48:34

60 and up 1. Debbie Rhinard 44:31

10 K Run

- | | | |
|---------------------------|-----------------------------|-------------------------|
| 1. Sean Robbins 35:25 | 17. Charlene Aquilina 44:47 | 33. Teresa Psolka 49:10 |
| 2. Jeremy Stonier 36:25 | 18. Reg Thomas 44:55 | 34. Jim Kelly 51:06 |
| 3. Alex Nole 37:31 | 19. Don Lavin 45:09 | 35. Dale Selli 51:07 |
| 4. Michael McAndrew 38:30 | 20. Jesse Edwards 45:32 | 36. Karlyn Warner 52:12 |

5. Chris Thatcher 38:52	21. Kaleen Lavin 45:39	37. Alicia Breita 52:19
6. Francis Spear 40:43	22. Noah Toussaint 45:55	38. Marion Austin 52:42
7. Bob Moore 41:07	23. Ryan Andrews 46:39	39. Scott Barnes 52:44
8. Deedra Porfirio 41:20	24. Jennifer Simmons 46:57	40. Dave McSherry 52:45
9. Art Doolittle 41:41	25. Bill Lawrence 47:25	41. Abigail Spinney 52:47
10. Stephen Skierski 42:07	26. Kerry Zawadski 48:02	42. Kari Lavin 54:08
11. Robert Damiano 42:42	27. Jeff Baran 48:07	43. Korena Kraynak 54:16
12. Randy LyBack 42:45	28. Alice McLaughlin 48:08	44. Andrea Rockefeller 54:17
13. Ed Lipski 43:09	29. Michael Freeland 48:16	45. Denise Kraynak 55:11
14. Andy Doster 43:28	30. Don Hart 48:33	46. Bridgett White 55:18
15. John Zawadski 44:28	31. Michael Perrotti 49:05	47. Shawn Flynn 57:49
16. Mark Dorish 44:38	32. Ian Barns 49:06	48. Linda Rogers 1:00:11
49. Carleen Lavin 1:01:05		

Age Group Awards

Female

First Overall ~ Deedra Porfirio 41:20 (New Record)

14 & under		20 to 29		40 to 49	
1. Jennifer Simmons		1. Kaleen Lavin		1. Alice McLaughlin	
2. Karena Kraynak		2. Kari Lavan		2. Bridget White	
3. Andrea Rockefeller					
15 to 19		30 to 39		50 to 59	
1. Alicia Breita		1. Charlene Aquilina		1. Marion Austin	
		2. Kerry Zawadski		2. Charlene Lavin	
				3. Teresa Psolka	
				60 and up	
				1. Linda Rogers	

Male

First overall ~ Sean Robbins 35:25

15 to 19	30 to 39	40 to 49
1. Alex Nole	1. Robert Daniano	1. Chris Thatcher
2. Noah Toussaint	2. Andy Doster	2. Art Doolittle
3. Jesse Edwards	3. Randy LyBack	
20 to 29		50 to 59
1. Jeremy Stonier		1. Michael McAndrew
2. Francis Spear		2. Bob Moore
3. Stephen Skierski		3. Ed Lipski

5K Run Results

1. Chris Wadas 15:39	37. Jen Hoover 25:01	73. Amy Cravath 27:53
2. John Martino 17:30	38. Pam Greenley 25:10	74. Pete DeMack 28:15
3. John Evangelista 17:33	39. Lenny Simpson 25:11	75. Luke LaPlant 28:24
4. Tony Korch 17:57	40. Brian Sipe 25:12	76. Brandon McLaughlin 28:28
5. Dan Toye 18:24	41. Bradley Santore 25:13	77. Lisa Gapinske 28:46
6. Randy White 20:02	42. Grayson Goff 25:22	78. C.J. Mack 28:52
7. Daniel Crowley 20:09	43. Allison McKay 25:24	79. Jack Moreck 28:54
8. Eric Atkinson 20:38	44. Kurtis Christ 25:30	80. Amy Faniole 29:14
9. Andrew Razawich 20:39	45. Alayna Dolittle 25:35	81. Mike Wesneski 29:37
10. Lee Tousaint 20:49	46. John Gibbons 25:38	82. Sarah Lane 29:53
11. Kevin Hilsey 20:56	47. Sara Burke 25:49	83. Jordan Kelley 30:20
12. Don Shearer 21:03	48. Robert McGregor 25:51	84. Kaaron Yablonski 30:44
13. Jen Stec 21:19	49. Carie Burke 25:55	85. Becky Landsiedel 31:00
14. Lindsay Nulton 21:30	50. Ethan Brown 25:57	86. Matt Blackledge 31:43
15. Mariah Peters 21:43	51. Keith Brosious 26:03	87. Virginia Wiernusz 31:46
16. Tony DeMack 22:18	52. Manda D'Agata 26:08	88. Sarah Beth Cusatis 32:20
17. Jack Grasso 22:26	53. Maggie Caines 26:10	89. Kate Gibbons 32:31
18. Joseph Fiore 22:30	54. Matthew Doolittle 26:15	90. Adam Wiernusz 32:33
19. Kristy Rockefeller 22:45	55. Mark Wiernusz 26:17	91. Carrie Sisson 32:52
20. Kristi Goodwin 23:11	56. James Eppley 26:30	92. Lynnelle Welch 32:52
21. Christine Stroka Butler 23:13	57. Donna Fetzko 26:30	93. Madilyn McKay 33:05
22. Tim Gregory 23:17	58. Pat Sample 26:31	94. Caitlin Harris 33:06
23. Justine Dickinson 23:19	59. Keek Morahan 26:37	95. Alyssa Santore 33:13
24. Jordan Kissel 23:23	60. Stanley Azarovich 26:43	96. Patsy Gesford 33:24
25. Kurt Stang 23:26	61. Pat Andes 26:46	97. Erin Grasso 33:42
26. John Fiore 23:42	62. Rachel Mills 26:49	98. Mauriel Perry 33:47
27. Leanna Bell 23:47	63. Stephen Parone 26:56	99. Mary Skierski 36:10
28. Alec Bevan 23:48	64. Dan Holod 26:59	100. Jen Pressley 36:40
29. Ella Daniels 23:57	65. Lisa Edwards 26:59	101. Dimitri DePietro 38:52
30. Richard Novack 24:02	66. Beth Coleman 27:10	102. Cindy Breita 40:49
31. Cole Doster 24:21	67. Patrick Goodwin 27:31	103. Nick Montemerlo 46:22
32. Justin Baran 24:35	68. Mitchell Higley 27:34	104. Gregory Suraski 46:41
33. Colin Franko 24:50	69. Brandon Charney 27:34	105. Matt Montemerlo 46:51
34. Ted Lane 24:51	70. Rachel Sipe 27:41	106. Ariel DePietro 52:19
35. Lana Canella Danko 24:52	71. Molly Harris 27:42	107. Gabby Granteed 52:41
36. Elizabeth Masko 24:59	72. Kayleen Kraynack 27:52	108. Kevin Burke 54:08

Age Group Results Female

First Overall ~ Jen Stec 21:19

14 & under	20 to 29	40 to 49
1. Allison McKay	1. Christine Stroka Butler	1. Carrie Burke

2. Sara Burke
3. Kayleen Kraynack

2. Justine Dickinson
3. Leanna Bell

2. Manda D'Agata
3. Beth Coleman

15 to 19
1. Alyanna Doolittle
2. Rachel Mills
3. Molly Harris

30 to 39
1. Lindsay Nulton
2. Mariah Peters
3. Kristy Rockefeller

50 to 59
1. Pam Greenley
2. Donna Fetzko
3. Pat Sample

Male

First Overall ~ Chris Wadas 15:39

14 & under
1. Tony DeMack
2. Cole Doster
3. Bradley Santore

20 to 29
1. John Martino
2. Dan Toye
3. Eric Atkinson

40 to 49
1. John Evangelista
2. Randy White
3. Lee Toussaint

15 to 19
1. Jason Fiore
2. Colin Franko
3. Tim Gregory

30 to 39
1. Daniel Crowley
2. Jack Grasso
3. John Fiore

50 to 59
1. Tony Korich
2. Kevin Hilsey

60 up
1. Rich Novack
2. Lennie Simpson
3. Stehon Parone

2012 Results- <http://neparunner.com/2012/120728fjv.html>

Posted at NEPARunner.com