

Susquehanna Road Runners Pentathlon - 7/13/2013
 Misericordia University
 Results



Event 1 Women 19-29 100 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Orrson, Marina	22 Shavertown	15.22	15.18 69.12%
2 Shappert, Ali	26 Hanover Twp	15.35	15.35 68.34%

Event 1 Women 30-34 100 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Mathews-Lada, Jill	33 Wilkes-Barre	16.55	16.55 63.38%
2 Hardlilc, Michelle	30 Luzerne	18.08	18.08 58.02%

Event 2 Men 100 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Gibbons, John	22 Ashley	12.60	12.60 77.70%
2 Suponcic, Kyle	23 Shavertown	12.93	12.93 75.72%
3 Pszeniczny, Daniel	45 Benton	14.34	13.23 74.06%
4 Anthony, John	34 Larksville	15.35	15.31 63.97%
5 Kinney, Mike	54 Wilkes-Barre	15.69	13.64 71.83%
6 Skwierl, Joe	57 Freeland	16.30	13.90 70.43%
7 Reynolds, Harold	75 Unattached	25.74	19.10 51.28%

Event 3 Women 400 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Orrson, Marina	22 Shavertown	65.90	65.90 72.23%
2 Shappert, Ali	26 Hanover Twp	69.50	69.50 68.49%
3 Mathews-Lada, Jill	33 Wilkes-Barre	77.33	75.87 62.74%
4 Hardlilc, Michelle	30 Luzerne	1:28.52	1:28.52 53.77%

Event 4 Men 400 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Gibbons, John	22 Ashley	55.12	55.12 78.34%
2 Suponcic, Kyle	23 Shavertown	55.27	55.27 78.13%
3 Pszeniczny, Daniel	45 Benton	60.96	55.01 78.51%
4 Kinney, Mike	54 Wilkes-Barre	72.17	61.28 70.47%
5 Anthony, John	34 Larksville	76.97	75.27 57.37%
6 Skwierl, Joe	57 Freeland	79.91	66.54 64.90%
7 Reynolds, Harold	75 Unattached	2:18.23	1:31.83 47.02%

Event 5 Women 800 Meter Dash

Name	Age Team	Finals	Age-Grading
Finals			
1 Orrson, Marina	22 Shavertown	2:25.07	2:25.07 78.09%
2 Shappert, Ali	26 Hanover Twp	2:36.80	2:36.80 72.24%
3 Mathews-Lada, Jill	33 Wilkes-Barre	2:52.93	2:52.93 65.51%
4 Hardlilc, Michelle	30 Luzerne	3:36.06	3:36.06 52.43%

Susquehanna Road Runners Pentathlon - 7/13/2013
Misericordia University
Results

Event 6 Men 800 Meter Dash

Name	Age	Team	Finals	Age-Grading
Finals				
1 Suponcic, Kyle	23	Shavertown	2:10.55	2:10.55 77.45%
2 Pszeniczny, Daniel	45	Benton	2:14.01	2:01.70 83.08%
3 Gibbons, John	22	Ashley	2:23.97	2:23.97 70.23%
4 Kinney, Mike	54	Wilkes-Barre	2:39.42	2:14.03 75.44%
5 Skwierl, Joe	57	Freeland	3:16.47	2:41.21 62.72%
6 Anthony, John	34	Larksville	3:17.11	3:17.11 51.30%
7 Reynolds, Harold	75	Unattached	5:27.33	3:41.08 45.73%

Event 7 Women 1 Mile Run

Name	Age	Team	Finals	Age-Grading
Finals				
1 Orrson, Marina	22	Shavertown	5:25.33	5:25.33 77.34%
2 Shappert, Ali	26	Hanover Twp	5:47.05	5:47.05 72.50%
3 Mathews-Lada, Jill	33	Wilkes-Barre	5:58.83	5:55.78 70.72%
4 Hardlilc, Michelle	30	Luzerne	8:15.33	8:14.79 50.85%

Event 8 Men 1 Mile Run

Name	Age	Team	Finals	Age-Grading
Finals				
1 Pszeniczny, Daniel	45	Benton	4:52.13	4:25.81 83.74%
2 Suponcic, Kyle	23	Shavertown	5:14.14	5:14.14 70.86%
3 Gibbons, John	22	Ashley	5:41.98	5:41.85 65.12%
4 Kinney, Mike	54	Wilkes-Barre	5:44.49	4:51.62 76.34%
5 Skwierl, Joe	57	Freeland	7:26.71	6:08.72 60.37%
6 Anthony, John	34	Larksville	8:03.01	7:55.29 46.84%
7 Reynolds, Harold	75	Unattached	12:39.86	8:37.32 43.03%

Event 9 Women 2 Mile Run

Name	Age	Team	Finals	Age-Grading
Finals				
1 Orrson, Marina	22	Shavertown	11:49.34	11:49.34 76.34%
2 Shappert, Ali	26	Hanover Twp	13:09.75	13:09.75 68.57%
3 Mathews-Lada, Jill	33	Wilkes-Barre	13:52.23	13:46.99 65.48%
4 Hardlilc, Michelle	30	Luzerne	16:50.40	16:49.80 53.63%

Event 10 Men 2 Mile Run

Name	Age	Team	Finals	Age-Grading
Finals				
1 Pszeniczny, Daniel	45	Benton	10:19.76	9:23.92 84.16%
2 Suponcic, Kyle	23	Shavertown	11:25.72	11:25.72 69.21%
3 Kinney, Mike	54	Wilkes-Barre	12:24.43	10:30.16 75.31%
4 Gibbons, John	22	Ashley	12:35.56	12:35.26 62.84%
5 Skwierl, Joe	57	Freeland	16:33.26	13:39.84 57.89%
6 Anthony, John	34	Larksville	16:50.33	16:34.17 47.74%
7 Reynolds, Harold	75	Unattached	29:07.14	19:49.46 39.90%

Name	Age	100m	400m	800m	1 Mile	2 Mile	Age Graded % Totals	Rank
Orrson, Marina	22	69.12	72.23	78.09	77.34	76.34	373.12	1
Shappert, Ali	26	68.34	68.49	72.24	72.5	68.57	350.14	2
Mathews-Lada, Jill	33	63.38	68.49	65.51	70.72	65.48	333.58	3
Hardilic, Michelle	30	58.02	53.77	52.43	50.85	53.63	268.7	4
							0	
Gibbons, John	22	77.7	78.34	70.23	62.12	62.84	351.23	4
Suponcic, Kyle	23	75.72	78.13	77.45	70.86	69.21	371.37	2
Pszenczny, Daniel	45	74.06	78.51	83.08	83.74	84.16	403.55	1
Anthony, John	34	63.97	57.37	51.3	46.84	47.74	267.22	6
Kinney, Mike	54	71.83	70.47	75.44	76.34	75.31	369.39	3
Skwierl, Joe	57	70.43	64.9	62.72	60.37	57.89	316.31	5
Reynolds, Harold	75	51.28	47.02	45.73	43.03	39.9	226.96	7

Page 3/3

posted at NEPARunner.com