

# **Results of the Mountain Energy Memorial Admiral Stark 5K Run/Walk Frank J. Valvano 10K Run Lake Carey ~ July 26, 2014**

## **Overall Winners**

**5K Walk ~ Dave Talcott 25:13**      **Erin Talcott 23:45** New Record  
**5K Run ~ Chris Wadas 15:55**      **Abigail Spinney 22:22**  
**10K Run ~ Reese Ayers 32:48 & Kevin Borelli 32:48** New Record  
    **~ Samantha Snead 37:52** New Record

## **5K Walkers**

- |                         |                          |                           |
|-------------------------|--------------------------|---------------------------|
| 1. Erin Talcott 23:45   | 8. Staci Wiernusz 47:38  | 15. Pam Valvano 52:07     |
| 2. Dave Talcott 25:13   | 9. Lisa Burelson 48:50   | 16. Louise Brennan 52:11  |
| 3. Kevin Burke 37:52    | 10. Linda Price 49:11    | 17. Joan Hess 52:13       |
| 4. Bette Hagens 45:24   | 11. Lisa Lyons 50:53     | 18. Kathy Walker 52:27    |
| 5. Debbie Rhinard 45:49 | 12. Hollie D'Agata 50:57 | 19. Nicole Wesneski 52:33 |
| 6. Nancy Marshall 45:49 | 13. Dana Wesneski 51:16  | 20. Glenn Hample 1:05:30  |
| 7. Crystal Posten 47:30 | 14. Carl Wesneski 51:55  |                           |

## **5K Runners**

- |                           |                          |                            |
|---------------------------|--------------------------|----------------------------|
| 1. Chris Wadas 15:55      | 27. Jeff Plata 25:23     | 53. Daniel Ginsberg 31:17  |
| 2. Alex Nole 17:22        | 28. Gracie Franko 25:36  | 54. Charlise James 31:41   |
| 3. Andrew Razawich 19:21  | 29. Len Simpson 26:02    | 55. Todd James 31:42       |
| 4. Lee Tousant 19:25      | 30. Julia Cusaitis 26:13 | 56. Mike Wesneski 31:44    |
| 5. Randy White 20:11      | 31. Caleb Ginsberg 26:17 | 57. Dawn Pellew 32:11      |
| 6. Mike Kinney 20:34      | 32. Matt Maun 26:18      | 58. Anndrea Race 32:11     |
| 7. Jeff Yatsko 21:21      | 33. Lisa Edwards 26:30   | 59. Ali McKay 32:20        |
| 8. Max Berin 21:59        | 34. Tony DeMack 26:54    | 60. Kevin McKay 32:21      |
| 9. Jack Grosso 22:09      | 35. Manda D'Agata 27:05  | 61. Erin Grosso 32:51      |
| 10. Brian Martin 22:13    | 36. Josh Ely 27:38       | 62. Kelly Bowerman 33:29   |
| 11. Abigail Spinney 22:22 | 37. Cambria Ely 27:39    | 63. Emma Holdredge 33:29   |
| 12. Mitchell Martin 22:29 | 38. John Gibbons 27:51   | 64. David Holdredge 33:49  |
| 13. Michele Brown 22:39   | 39. Pam Lizza 27:51      | 65. Katherine Paglia 33:49 |
| 14. Keith Brosious 22:43  | 40. Libby Moran 28:08    | 66. Jeremy Williams 33:54  |
| 15. Tony Brzoska 23:03    | 41. LeAnn Tinna 28:45    | 67. Lindsey Williams 33:57 |
| 16. Kurt Stang 23:14      | 42. Chelsea Puza 28:50   | 68. Caden Newswager 34:10  |
| 17. Kevin Snyder 23:18    | 43. Nick Puza 28:52      | 69. Cale Newswager 34:10   |

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|---------------------------|-----------------------------|----------------------------|
| 18. Roger Savage 23:21    | 44. John Zukauskos 28:57    | 70. Kim Schaffer 34:24     |
| 19. Mary Ellen Grap 23:21 | 45. Paul Turi 28:58         | 71. Bob Killian 34:26      |
| 20. Kevin Moran 23:25     | 46. Elizabeth Perhacs 29:09 | 72. Mary Skierski 36:32    |
| 21. Colin Franko 23:47    | 47. Nate Snyder 29:19       | 73. Shannon Richards 38:46 |
| 22. Sara Burke 24:39      | 48. Colin Hoffer 29:33      | 74. Maren Bhalla 39:07     |
| 23. Carie Burke 24:42     | 49. Pat Andes 29:48         | 75. Kristen Burkhart 40:06 |
| 24. Billy Robic 24:44     | 50. Katie Perhacs 30:32     | 76. Trudy McKay 42:42      |
| 25. Ella Daniels 24:55    | 51. C.J. DeMack 31:00       | 77. Madilyn McKay 43:31    |
| 26. Tim Gregory 24:58     | 52. Sara Cusatis 31:00      | 78. Valerie Faigle 45:50   |

## 10K Run

- |                              |                             |                              |
|------------------------------|-----------------------------|------------------------------|
| 1. Reese Ayers 32:48 (tie)   | 18. James Garaway 44:09     | 35. Laura Lyons 51:51        |
| 2. Kevin Borelli 32:48 (tie) | 19. Jessica Chesman 44:16   | 36. Phyllis Wells 52:26      |
| 3. Rob Ahrens 33:01          | 20. Charlene Aquilina 44:24 | 37. John Voda 52:34          |
| 4. Nicholas Wadas 36:05      | 21. Dan Wells 44:25         | 38. Matt Voda 53:18          |
| 5. Dan Toye 37:37            | 22. George Dunbar 44:49     | 39. M. Giacometti 53:19      |
| 6. Ted Evans 37:44           | 23. Ed Lipski 45:51         | 40. Nicole Giacometti 53:41  |
| 7. Mike McAndrews 37:52      | 24. Mark Dorish 45:55       | 41. Erin Bryant 53:47        |
| 8. Samantha Snead 37:52      | 25. Abby Gulden 47:24       | 42. C. Newswanger 54:12      |
| 9. Kelly Ciravolo 38:20      | 26. Scott Harding 47:37     | 43. Rosalyn Gorko 54:13      |
| 10. Steve Skierski 38:47     | 27. David Ide 47:39         | 44. Laura Robic 54:53        |
| 11. Deedra Porfirio 39:12    | 28. Leanna Bell 48:24       | 45. Greta Kovalchick 55:09   |
| 12. Andy Doster 39:46        | 29. Heather McAndrew 48:33  | 46. Mike Paglia 55:16        |
| 13. Robert Domiaro 40:49     | 30. Jaclyn Rawlings 49:11   | 47. Neil Giacometti 55:36    |
| 14. Jamie Dodgson 41:34      | 31. Dale Salli 50:18        | 48. Ann Charney 1:05:10      |
| 15. Noah Toussaint 41:46     | 32. Cole Doster 50:35       | 49. Linda Rogers 1:09:03     |
| 16. Jesse Edwards 43:32      | 33. Sarah Eckenrode 50:58   | 50. Danielle Bianchi 1:17:53 |
| 17. Robert Moore 44:04       | 34. Dave McSherry 51:00     | 51. Terri Bond 1:22:47       |

## Age Group Awards

### Female 5K Walk 1<sup>st</sup> Overall ~ Erin Talcott

- |                                              |                                            |                                           |
|----------------------------------------------|--------------------------------------------|-------------------------------------------|
| 1 <sup>st</sup> 14 and under ~ Dana Wesneski | 1 <sup>st</sup> 15 to 19 ~ Nicole Wesneski | 1 <sup>st</sup> 40 to 49 ~ Staci Wiernusz |
| 1 <sup>st</sup> 50 to 59 ~ Bette Hagens      | 1 <sup>st</sup> 60 and up ~ Debbie Rhinard |                                           |

### Male 5K Walker 1<sup>st</sup> Overall ~ Dave Talcott

1<sup>st</sup> 40 to 49 ~ Kevin Burke

1<sup>st</sup> 50 to 59 ~ Carl Wesneski

1<sup>st</sup> 60 and up ~ Glen Hample

## **Female 5K Run**

### **1<sup>st</sup> Overall ~ Abigail Spinney**

14 and under

1. Julie Cusatis
2. Sara Cusatis
3. Emma Holdredge

20 to 29

1. Ella Daniels
2. LeAnn Tinna
3. Chelsie Puza

40 to 49

1. Michelle Brown
2. Carie Burke
3. Manda D'Agata

15 to 19

1. Mary Ellen Grap
2. Sara Burke
3. Gracie Franko

30 to 39

1. Lisa Edwards
2. Cambria Ely
3. Charlsie James

50 to 59

1. Pam Lizza
2. Libby Moran
3. Mary Skierski

## **Male 5K Run**

### **1<sup>st</sup> Overall ~ Chris Wadas**

14 and under

1. Mitchell Martin
2. Billy Robic
3. Caleb Ginsberg

20 to 29

1. Andrew Razawich
2. Max Berin
3. Brian Martin

40 to 49

1. Lee Toussaint
2. Randy White
3. Keith Brosious

15 to 19

1. Alex Nole
2. Colin Franko
3. Tony DeMack

30 to 39

1. Jeff Yatsko
2. Jack Grasso
3. Tim Gregory

50 to 59

1. Mike Kinney
2. Roger Savage
3. Kevin Moran

60 and up

1. Len Simpson
2. John Zukauskas
3. Paul Turi

## **Female 10K Run**

### **1<sup>st</sup> Overall ~ Samantha Snead**

20 to 29

1. Leanna Bell
2. Heather McAndrews
3. Jaclyn Rawlings

30 to 39

1. Kelly Ciravolo
2. Deedra Porfirio
3. Charlene Aquilina

40 to 49

1. Jessica Chestman
2. Greta Kovalchick
3. Ann Charney

50 to 59

1. Phyllis Wells

60 and up

1. Linda Rogers

2. Laura Robic

## **Male 10K Run**

### **1<sup>st</sup> Overall ~ Reese Ayers**

|    |                                                    |                                                                 |                                                                 |
|----|----------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| 1. | 14 and under<br>Cole Doster                        | 20 to 29<br>1. Rob Ahrens<br>2. Dan Toyne<br>3. Ted Evans       | 40 to 49<br>1. Jesse Edwards<br>2. John Yoda<br>3. Matt Yoda    |
|    | 15 to 19<br>1. Noah Toussaint<br>2. James Garraway | 30 to 39<br>1. Kevin Borelli<br>2. Nick Wadas<br>3. Andy Doster | 50 to 59<br>1. Mike McAndrew<br>2. Robert Moore<br>3. Dan Wells |
|    |                                                    | 60 and up<br>1. Ed Lipski                                       |                                                                 |

Posted by Dick Daniels, posted at NEPARunner.com, revised 8/1/14