

# Wyoming Valley Striders 3rd Annual 20K Run

## Age Group Results

November 06, 2016

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Results By Wyoming Valley Striders

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### 20K Run Division

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#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	PATRICIA BUZINKAI	KINGSTON PA	113	41	17	1:35:11	4:46/K

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#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	NOELLE BROUILLARD	SCRANTON PA	12	25	38	1:44:41	5:14/K
2	NICOLE GIACOMETTI	OLD FORGE PA	76	25	74	2:00:19	6:01/K
3	RUISI WANG	PARSIPPANY NJ	27	26	80	2:01:38	6:05/K
4	KIMBERLY KONNICK	DALLAS PA	37	26	88	2:03:23	6:10/K
5	CASSANDRA KLOCEK	DRUMS PA	48	24	96	2:07:56	6:24/K
6	MEGHAN CAREY	KINGSTON PA	3	27	118	2:36:36	7:50/K
7	NIKITA KOLBECK	WYOMING PA	87	27	120	2:36:59	7:51/K

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#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	KRISTIN BUCHHOLZ	MOUNTAIN TOP PA	118	33	30	1:41:07	5:03/K
2	BRENDA SHARP	SHAVERTOWN PA	122	33	32	1:42:07	5:06/K
3	HEIDI STREDNY	TRUCKSVILLE PA	121	34	57	1:53:35	5:41/K
4	GRETCHEN SWARTWOOD	NANTICOKE PA	110	31	64	1:55:38	5:47/K
5	ELLEN MEEHAN	WILKES BARRE PA	109	31	66	1:57:07	5:51/K
6	KELLY ALFANO	KINGSTON PA	108	33	69	1:58:47	5:56/K
7	COURTNEY MULLEN	PHILADELPHIA PA	24	30	82	2:01:55	6:06/K
8	LAUREN POLLMAN	NANTICOKE PA	54	34	84	2:02:44	6:08/K
9	KATIE LYKON	LARKSVILLE PA	2	30	93	2:04:49	6:14/K
10	MARA SULLIN	FREELAND PA	8	31	108	2:21:40	7:05/K

11 REBECCA FRANCO WEST PITTSTON PA 50 30 116 2:35:23 7:46/K  
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### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	VICTORIA BLAZICK	TRUCKSVILLE PA	65	35	22	1:38:15	4:55/K
2	CHRISTAL ZERMANE	AVOCA PA	77	37	24	1:38:57	4:57/K
3	KAREN MOSKEL	KINGSTON PA	6	38	39	1:45:43	5:17/K
4	AMY FELDMAN	SHAVERTOWN PA	18	35	62	1:55:10	5:46/K
5	VIRGINIA TREVETHAN	SHAVERTOWN PA	74	35	67	1:57:09	5:51/K
6	HILARY BLAKE	CLARKS SUMMIT PA	15	38	83	2:02:38	6:08/K
7	STACEY MEARS	DRUMS PA	95	36	92	2:04:39	6:14/K
8	LEAH HOLLAND	CONYNGHAM PA	134	37	101	2:18:10	6:55/K

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### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	MELISSA OBMANN	MOUNTAIN TOP PA	133	43	26	1:39:52	5:00/K
2	JACKIE KEARN	NANTICOKE PA	58	40	35	1:43:59	5:12/K
3	RACHEL CAUSAK	LEBANON PA	45	42	65	1:56:07	5:48/K
4	JILL SNOWDON	DALLAS PA	52	40	72	1:59:47	5:59/K
5	KATE ELLIOTT	SCRANTON PA	79	41	76	2:00:40	6:02/K
6	THERESA STOOK	MOUNTAIN TOP PA	22	43	79	2:01:31	6:05/K
7	LEA CLARK	HUDSON PA	132	40	100	2:12:08	6:36/K
8	SANDY MORAN	LEHIGHTON PA	124	41	103	2:19:31	6:59/K
9	JULIE BURKHARDT	MOUNTAIN TOP PA	107	43	104	2:19:51	7:00/K
10	STACEY UNVARSKY	WILKES BARRE PA	100	44	110	2:21:46	7:05/K

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### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	PAMELA ULICNY	VALLEY VIEW PA	32	47	23	1:38:34	4:56/K
2	DEANA MANZONI	DALLAS PA	73	48	31	1:41:51	5:06/K
3	BRENDA LOGAN	BLOOMSBURG PA	33	49	33	1:42:45	5:08/K
4	MELISSA DELFINO	DUNMORE PA	72	47	34	1:42:58	5:09/K
5	LOREEN ROMANIA	PAXINOS PA	49	47	43	1:46:50	5:21/K
6	SHERRY HARVEY	JERMYN PA	56	46	55	1:52:49	5:38/K
7	TRACI STRUNGIS	MOUNTAINTOP PA	86	47	61	1:54:51	5:45/K
8	BRENDA CASSARO	CARBONDALE PA	84	49	71	1:59:03	5:57/K
9	PATTI POTOMIS	HUNLOCK CREEK PA	60	49	87	2:03:11	6:10/K
10	JILL SCHOEPFLIN	BLOOMSBURG PA	46	48	94	2:04:50	6:15/K
11	PAULA POWELL	PITTSTON PA	13	46	95	2:05:15	6:16/K

12 BETSY HUHN FALLS PA 55 46 117 2:35:24 7:46/K  
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### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	HOLLI NAUMAN	HAMBURG PA	38	50	89	2:03:31	6:11/K
2	LISA WOODWORTH	WILKES BARRE PA	75	51	112	2:23:25	7:10/K
3	SANDRA ORRSON	SHAVERTOWN PA	39	53	114	2:28:49	7:26/K

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### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	MARJORIE ADAMS	DALLAS PA	135	57	40	1:45:58	5:18/K
2	LAURIE CHIUMENTO	WILKES BARRE PA	71	57	85	2:03:00	6:09/K
3	KATE GALINUS	LANSDALE PA	101	59	105	2:21:07	7:03/K
4	BARB RUPERT	SHICKSHINNY PA	4	59	115	2:28:50	7:27/K

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### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	PATTI TURISSINI	SCOTT TWP PA	93	64	50	1:48:53	5:27/K
2	BEVERLY TOMASAK	EDWARDSVILLE PA	85	64	68	1:58:18	5:55/K

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### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	MICKEY MOORHEAD	WILKES BARRE PA	69	23	1	1:15:04	3:45/K

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### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	ALEX SABA	MOUNTAIN TOP PA	120	25	2	1:19:05	3:57/K
2	ERIC SHAVER	DALLAS PA	41	25	8	1:28:05	4:24/K
3	MICHAEL LEGATH	WHITE HAVEN PA	43	24	29	1:40:59	5:03/K
4	SCOTT EDWARDS	SCRANTON PA	5	28	49	1:48:48	5:26/K
5	RYAN WENRICH	WYOMING PA	88	27	51	1:50:15	5:31/K
6	PRESTON ALLEN	WESTON PA	130	27	59	1:53:46	5:41/K
7	DOUGLAS VANSTON	OLD FORGE PA	117	26	119	2:36:43	7:50/K

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### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	GEORGE WATSON	SCRANTON PA	90	30	11	1:32:16	4:37/K
2	TOM PIASECKI	OLYPHANT PA	82	30	16	1:35:01	4:45/K
3	ZACHARY RITZ	OREFIELD PA	29	32	63	1:55:25	5:46/K

4	STEVE MIHAL	WEATHERLY PA	25	34	77	2:00:48	6:02/K
5	BRADLEY DRAGO	FORTY FORT PA	40	31	109	2:21:46	7:05/K

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### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	MARKUS ANTTILA	S ABINGTON TWP PA	138	36	4	1:25:00	4:15/K
2	COREY PONCAVAGE	MOUNTAIN TOP PA	137	39	6	1:26:27	4:19/K
3	RANDY SHEMANSKI	DUNMORE PA	80	39	7	1:27:52	4:24/K
4	BRIAN HILBURT	DALLAS PA	97	38	18	1:35:15	4:46/K
5	ROBERT CICCI	PECKVILLE PA	123	35	27	1:39:59	5:00/K
6	JOHN WOLFERSBERGER	PHILADELPHIA PA	36	39	52	1:50:43	5:32/K
7	LOU MATTIOLI	SUGARLOAF PA	9	38	81	2:01:39	6:05/K
8	DEREK CANALES	FREELAND PA	10	35	99	2:10:59	6:33/K

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### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	CHRIS PAHOSKI	DICKSON CITY PA	126	44	12	1:32:45	4:38/K
2	CHRIS ROBERTS	SHAVERTOWN PA	30	42	36	1:44:11	5:13/K
3	BRIAN BROWN	LEWISBURG PA	64	42	97	2:10:11	6:31/K
4	JAMES BILLINGSLEY	DURYEA PA	59	43	111	2:23:11	7:10/K

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### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	JOE DRUMSTA	SCRANTON PA	129	48	9	1:28:26	4:25/K
2	JOE DECKER	OLYPHANT PA	104	46	13	1:33:33	4:41/K
3	RON LOZOWSKI	WARREN GLEN NJ	131	47	47	1:48:29	5:25/K
4	THOMAS POWELL SR	PITTSTON PA	14	48	73	2:00:14	6:01/K
5	ANDREW BEIDLER	SCRANTON PA	116	49	75	2:00:19	6:01/K
6	THOMAS GRANOSKI	HUNLOCK CREEK PA	61	48	86	2:03:10	6:10/K
7	JASON CESARI	WHITE HAVEN PA	16	45	90	2:03:31	6:11/K
8	BOB MCHUGH	ARCHBALD PA	98	48	123	3:10:21	9:31/K

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### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	PAUL LEONARD	SCRANTON PA	112	54	3	1:22:51	4:09/K
2	GEORGE BURGER	MOUNTAIN TOP PA	63	52	15	1:34:58	4:45/K
3	KENNETH CASTANZO	DUNMORE PA	31	52	19	1:36:19	4:49/K
4	GEORGE DUNBAR JR	OLD FORGE PA	127	53	21	1:37:51	4:54/K
5	ROB LEGATH	WHITE HAVEN PA	42	54	41	1:46:22	5:19/K

6	LARRY ALLES	MOUNTAIN TOP PA	70	52	42	1:46:48	5:20/K
7	DONALD HART	WEST WYOMING PA	81	52	53	1:51:17	5:34/K
8	WILLIAM ZAROLA	DALLAS PA	51	52	56	1:53:28	5:40/K
9	JACK LEE	MOUNTAIN TOP PA	67	54	70	1:58:52	5:57/K
10	STEPHEN FENSKE	SHAVERTOWN PA	53	53	78	2:01:03	6:03/K
11	JOSEPH SOPRANO	HANOVER TWP. PA	21	50	98	2:10:50	6:33/K

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### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	STEVE BOUCHER	ZION GROVE PA	11	55	14	1:34:02	4:42/K
2	ROCK WARNAGIRIS	HUNLOCK CREEK PA	111	57	25	1:39:21	4:58/K
3	MICHAEL RAWLS	MOUNTAIN TOP PA	106	58	37	1:44:28	5:13/K
4	KEVIN MORAN	HARVEYS LAKE PA	96	56	44	1:47:15	5:22/K
5	ED ZULKOSKI	MOUNTAIN TOP PA	66	59	46	1:47:44	5:23/K
6	BILL ELLSWORTH	EDWARDSVILLE PA	136	57	54	1:51:25	5:34/K
7	RICHARD HUGHES	MOUNTAIN TOP PA	68	55	58	1:53:38	5:41/K
8	JACK MORAN	SOUTH ABINGTON TWP PA	114	56	60	1:54:47	5:44/K
9	HENRY WOLFE	WILKES BARRE PA	34	57	102	2:18:51	6:57/K
10	CHIP TAYLOR	SCRANTON PA	102	57	106	2:21:21	7:04/K
11	PATRICK L SHIELDS	DRUMS PA	125	56	121	2:44:12	8:13/K
12	PAUL COVERT	MADISON TWP PA	17	57	122	3:02:39	9:08/K

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### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	LOU GUNDERMAN	WHITE HAVEN PA	115	64	5	1:25:02	4:15/K
2	BILL COOK	SCRANTON PA	128	62	10	1:29:15	4:28/K
3	LEO TURISSINI	SCOTT TWP PA	92	64	20	1:37:25	4:52/K
4	DENNIS WOLFE	WILLIAMSPORT PA	35	64	113	2:27:24	7:22/K

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### Male 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	BILL FIORE	CLARKS GREEN PA	28	65	28	1:40:49	5:02/K
2	TONY CERMINARO	JERMYN PA	94	80	45	1:47:44	5:23/K
3	JOE DUTKO	MOUNTAIN TOP PA	78	70	48	1:48:36	5:26/K
4	GEORGE NICHOLLS	MOUNTAIN TOP PA	62	69	91	2:04:05	6:12/K
5	FRED KRESSLER	BLOOMSBURG PA	47	69	107	2:21:22	7:04/K

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