

SAT SEP 7, 2019, WESTON, PA.- 3rd ANNUAL "GIVE IT HELL RUN/WALK 7K"

## INSTA - RESULTS

2019

Overall Place	Age Grp. Place	Time	Name	Overall Place	Age Grp. Place	Time	Name
1	★	28:50	TOMY CAWCA 38 Berkwick	21	5	39:29	RICK HUBBARD 67 Berkwick
2	1	31:36	JIM LARSEN 55 Fredonia	22	3	39:56	DANIO SHARCE 40 (Red)
3	1	31:47	Steve Takach 47	23	6	41:23	ROE TANKS 70 mt top
4	1	32:19	PAUL ANDERSON 69	24	2	41:29	MELISSA DIMONICO 42 ER
5	2	32:22	DANIO SHARCE 51	25	8	41:49	JUSTIN FREEDS 32
6	★	33:10	Emily Zarembo 22	26	2	41:50	Amanda Pavalko 30
7	1	33:50	PAUL BERKE 39	27	3	41:51	DOVAN FACUS 47
8	2	34:28	Roland Gensel 61	28	7	42:58	JOSEPH MCKENZIE 61
9	3	34:44	HERB KLINE 59 ER	29	1	43:25	KARIN ECKHART 65 DALYNS
10	1	35:07	JACOB MIERONICK 14	30	4	44:03	Tommy Mieronick 53
11	1	35:43	JOHN YOUNG 16	31	5	44:07	Russell Motz 57 ER
12	2	36:39	AARON SWIMPF 33 ER	32	2	45:13	ASHLEY DIX 33
13	3	36:44	ADAM KUCHAR 37	33	4	45:15	GREG YEAGER 44 ER
14	1	36:48	RICHARD FESLER 50	34	4	45:39	ALYSON REINHART 48
15	3	36:53	JOHN JONES 62	35	2	48:01	MARYANN MCKEON 59 DALYNS
16	1	37:43	TAMM SWITZKY 42 (Red)	36	3	49:47	DINA ADAMS 35
17	4	38:00	SCOTT CAROUSE 69	37	5	53:59	Brian Moore 39 ER
18	2	38:21	SCOTT CHANDLER 48 (Red)	38	1	55:33	ANTHONY VACCONE 28
19	1	38:43	KARA SCHUBACH 22	39	4	55:42	MARY LESCHWITZ 52
20	1	39:11	KELLY FESLER 41	40	2	55:43	AMANDA LESCHWITZ 27

Overall Place	Age Grp. Place	Time	Name	Ov Pl
41	2	102:21	Jacob Schlabow 16	ER
42	2	103:52	Macy Verbonitz 19	
43	8	103:53	Joe Puzert 73	
44	5	105:58	Mandi Hunzinger 42	
45	4 <sup>3</sup>	105:59	Tisha Demasack 38	
46	6	109:23	John Rusock 53	
47	6	113:30	Josephine Reviglio 48	
48	3	113:51	Sandra Macchelli 63	
49	7	116:30	TERCY HARTGART 44	
50	8	116:31	Lisa Skiner 45	
51	4	120:32	Denise Keisner 61	
52	9	120:33	J.C. Medinsky 65	ER
53	9	120:46	Kate Rusnock 48	
54	10	120:47	EMILY MARCONICK 49	
55	8 <sup>4</sup>	123:43	NATHY DEMASACK 35	
56	6 <sup>5</sup>	123:45	JENNIFER CONTERDA 37	
57	11	123:46	BETH SMITH 43	
58	7	126:34	MARIA LEE 37	
59	8	126:34	Jen Altmaier 37	

