

Wilds of Masthope Winter Race Series

January 15, January 29, Feb 12 Valentine Day 5k or 10k 10:00am

Valentine's Day races: \$15 preregistered (you get a shirt) and \$15 race day (no shirt)

--Jan 15 and Jan 29 races: \$8 (no shirt)

Location:

Rosencrance Park, Lackawaxen PA

The purpose of this series is to get some fun, fast runs in over the Winter...and work on building base for the 2012 racing season.

The Wilds of Masthope Winter Race Series offers:

--low entry fees

--disposable race bib chip timing with a start line timing mat

--Post race food!

--All competitors receive commemorative 16 ounce glasses.

--the chance to see Lackawaxen on a beautiful Winter day!

Series Awards:

Overall Male and Female runners & walkers

1st, 2nd & 3rd place for runners in each age group

The categories will be:

14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and over

Valentine's Day race Awards:

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FastFinishes.net. 682 Masthope Plank Road, Lackawaxen PA 18435

Questions/comments: 570 470 4922 or email mark@fastfinishes.net

Chip timing by FastFinishes.net

Name: _____ Age: _____ Gender: (CIRCLE) M F

Address: _____

Phone: _____ Email: _____

T-shirt size (CIRCLE) S M L XL

EVENTS ATTENDING

January 15 10:00am 5k 10k January 29 10:00am 5k 10k Feb 12 Valentine Day 5k 10k

I know that running a road race is potentially a hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, lightning, high winds, and extreme cold, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Jeff jam Road Race, event volunteers, the City of Lackawaxen PA, its sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Entry fee will not be returned due to "acts of God. Further, I grant permission to all the foregoing to use my name and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

SIGNATURE _____ DATE _____

Signature of parent or guardian if under 18 years of age

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