



2012 SUSQUEHANNA RIDGE RUNNERS CLUB



WINTER SERIES RACES

The 2012 Susquehanna Ridge Runners Club Winter Series will consist of 4 Sunday races & 1 Fun Run. Each race will begin at **2 p.m.** with registration opening at **12:45 p.m.** **PLEASE NOTE: NEW LOCATION FOR REGISTRATION!: Snyder County Senior Center, 8 North Water Street.** But all races courses remain the same. Races will be run regardless of weather. For safety reasons, race courses may vary due to conditions.

RACE DATES, DISTANCES, LOCATIONS, & INFORMATION:

(NOTE: Registration for all events is at the Snyder County Senior Center located at 8 Water Street, Selinsgrove, PA. Directions: traveling south on Market Street in Selinsgrove, turn left on to Pine Street. Go one full block to Water Street and turn left again. The Senior Center is third building on the left. There is a parking lot directly across the street and public lots located a block north and a block south of the Senior Center. Parking is still available at the old race location at Pine and High Streets, behind the bank and across from the borough building.)

- * **JANUARY 29, 2012** - 5k (3.1 miles over mostly flat terrain, out and back) in Selinsgrove, PA.
- * **FEBRUARY 05, 2012** - 5 miles (through rural countryside with hills) in Selinsgrove, PA.
- * **FEBRUARY 12, 2012** - 2.5 miles (flat and fast, out and back) in Selinsgrove, PA.
- * **FEBRUARY 19, 2012** - 6.5 miles (through rural countryside with hills) and / or 1 mile Fun Run (flat, out and back) in Selinsgrove, PA

AMENITIES: A specially designed sweatshirt for all who *pre-register* for all 4 events. There will also be numerous door prizes & refreshments! (NOTE: You will not receive a sweatshirt unless you pre-register or register for all 4 events at the *first* race.)

ENTRY FEE: \$28 entry fee (for non-**SRRC** Members) if pre-registering for all 4 races - only \$25 for **SRRC** Members! (You must pre-register on or before January 29, 2012 to receive a sweatshirt.) \$6 for each race if registering on race day - no sweatshirt. (We will try to accommodate requests for special sweatshirt sizes, but please understand there may be an additional charge.)

SPONSORS:



INFORMATION: If you need additional information, if you would like to volunteer at one or all of the races, or if you would like to donate door prizes for, or bring refreshments to any of the race events, please call race director, Mark Sullivan at 570-374-7585. Note: those who volunteer in advance for all 4 events will receive a 2012 Winter Series sweatshirt.



ENTRY FORM: Please complete entire entry form, detach, and mail with entry fee to: **ROBIN SULLIVAN**
BOX 100
FREEBURG, PA 17827



MAKE CHECKS PAYABLE TO: **SUSQUEHANNA RIDGE RUNNERS CLUB**



ENTRY FORM (please print)

NAME: _____ SEX: MALE FEMALE

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____ AGE: (on race day) _____

TELEPHONE: (____) _____ SWEATSHIRT SIZE (Check one): Small Medium Large XL Other: _____

ENTRY FEE: (If entering all 4 races) \$28 / non-SRRC; \$25 / SRRC or \$6 each race / non-SRRC or SRRC Members (no sweatshirt)

WAIVER: In consideration of the acceptance of my entry, I waive all claims for myself, my heirs and assigns against the **SUSQUEHANNA RIDGE RUNNER CLUB**, all sponsors, and any individuals or municipalities associated with this event, and will hold them harmless for any and all injuries or illness which may result from my participation. I further state that I am physically fit and have sufficiently trained for this event.

SIGNATURE (of participant): _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN (if runner is under 18 years of age): _____