



# Freeland YMCA Run for the Children

## November 5<sup>th</sup>, 2016

The Freeland YMCA will be hosting its 11<sup>th</sup> annual 5K run/walk on Saturday, November 5<sup>th</sup> through the streets of Freeland. It is a moderate course with some hills. The race will start and end at the Freeland YMCA (600 Front Street, Freeland, PA). The 5K run/walk will start at **10 a.m.** The proceeds from this event will benefit youth activities held at the Freeland YMCA. The cost for **pre-registration is \$18.00 before October 29th**. Make checks payable to the Freeland YMCA, c/o Run for the Children, PO Box 6, Freeland, PA 18224. **Registration the day of the event is \$20.00.**

Awards will be given to the overall top male and female. Also, the top 3 males and top 3 females in each of the following age groups will receive medals: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+. Finally, the top three walkers (male or female) will receive medals.

In addition to the 5K run/walk, there will be a **Kids Fun Run** through the Freeland Public Park (approx. ½ mile) for children 12 and under. The Kids Run will **start promptly at 9:00 a.m.** just before the 5K run/walk. **The entry fee is \$5.00 per runner.** All participants for the Kids Fun Run will be entered into a random drawing for the grand prize gift card, plus all runners will receive a medal.

This race is part of the *Greater Hazleton Area Festival of Races*. Tricky Trays, raffle tickets and much more will be available.

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Race you are participating in: (Circle One)      5K Run      5K Walk      Kids Fun Run

Gender (Circle One)    M      F                      Age on November 5, 2016: \_\_\_\_\_

\_\_\_\_\_  
Last Name                                      First Name

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Run/Walk Participants only: T-Shirt Size (Circle One)    S    M    L    XL    XXL

I know that walking/running a road race is potentially hazardous activity. I know that I should not walk/run in this race if I am not medically capable to complete it. I assume all risks associated with this race including, but not limited to: falls, contact with other competitors, and/or the effects of weather. Having read and signed this agreement, I accept all risks previously mentioned. (If you are under 18, you must have a parent/guardian's signature).

Participant's Signature: \_\_\_\_\_

Parent/Guardian Signature (if under 18 years of age) \_\_\_\_\_