



The Child Abuse Prevention Coalition of the Lehigh Valley



19th Annual Tortoise and Hare 5K Run / Walk Race

Monday, May 29, 2016 Memorial Day Wind Gap Memorial Park

Registration & Packet Pick-up:
7:30AM – 8:45AM Rain or Shine!
Leashed dogs are welcomed!

On-line Registration Information:

<http://www.tortoiseharerace.org>

Sign up early! - Technical T-shirt and vinyl sport pack to the first 400 entrants. T-shirt size guaranteed if registration is received by April 30th, 2017.

Electronic chip-based timing system, free finish line photos, 80 medals to be distributed, raffle prizes, great food & the results immediately posted!

\$25 Entry Fee. Families of 3 or more: \$20 each.

DAY OF RACE: All entries - \$30

FREE Registration for Active Duty Military Personnel

Send Paper Registrations to: Project Child

531 Main St. Bethlehem PA 18018

Directions:

Wind Gap Memorial Park is Located at the corner of East 3rd St & Lehigh Ave. in Wind Gap, PA 18091

Driving South from Poconos on Rt. 33

Take exit towards PA-512 Wind Gap/ Bath. Turn left to get on PA-512 North. Drive for 0.7 miles. Turn right on 3rd St. (stop light at intersection). The park is 100 yards on your left.

Driving North on Rt. 33 from Lehigh Valley

Take exit towards PA-512 Wind Gap/ Bath. Turn right to get on PA-512 North. Drive for 0.6 miles. Turn right on 3rd St. (stop light at intersection). The park is 100 yards on your left.

Questions:

Call Pam Wallace 610-954-9561 x340 or email

projetchild@projectchildlv.org

Awards Categories: Men's & Women's

Category is determined by the age of the participant on the day of the race.

Overall	Age 20-24	Age 35-39	Age 50-54	Age 65-69
Age 14-Under	Age 25-29	Age 40-44	Age 55-59	Age 70-80
Age 15-19	Age 30-34	Age 45-49	Age 60-64	Age groups are 3 deep

Mail in Registration or Register Online <http://www.tortoiseharerace.org>

One name per application please (no refunds) Make checks payable to Project Child

Name (Last) _____ (First) _____ (MI) _____ Male ___ Female ___

Address _____ City _____ State _____ Zip _____

Phone (Home) _____ (Work) _____ Email _____

Date of Birth _____ Age (on race day) _____ T-shirt Size: S M L XL XXL XXXL

Team Name _____

Please check this box if you are a Veteran.

Release: In consideration of this entry, I, the undersigned, do waive any and all claims for myself and my heirs against Project Child and Valley Youth House and any and all sponsors, benefactors, and officials of the Tortoise & Hare Run/Walk for any injury or illness that may directly or indirectly result from my participation in the event. I further state that I am in proper physical condition to participate in this event. I give Project Child/Valley Youth House permission to use photos or video footage taken during the event for promotional purposes.

Registration valid only if signed Signature (Legal guardian if under 18)

Date