



**Saturday, October 14, 2017**

Rain or Shine  
Luzerne Co. Sports Complex  
Forty- Fort PA

**5K Pre-Registration:**  
\$25.00  
\*T-Shirt included if registered  
before Sept. 29<sup>th</sup>

**1 mile Walk/Fun Run**  
\$10.00  
\*T-Shirt NOT included.  
Additional \$12 for T-Shirt

**PRE REGISTRATION DEADLINE**  
**SEPT 29<sup>th</sup> 2017**

**RACE DAY REGISTRATION:**  
5K Run \$30, Walk \$15  
**START TIME:** 10:00 AM  
Registration: 8:30 AM  
**CHECKS PAYABLE TO:**  
GSA GPTO  
Good Shepherd Academy  
316 North Maple Ave.  
Kingston, PA 18704

**Register Online @ RunSignUp.com**  
[RUNGSA2017@GMAIL.COM](mailto:RUNGSA2017@GMAIL.COM)

**Entry Form**

Name \_\_\_\_\_  
Age \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_

Entering as: 5K Runner \_\_\_\_\_  
1-mile fun run/walk \_\_\_\_\_

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**Adult Sport Tec T-Shirt:**

Circle:  
**Short Sleeve                  Long Sleeve (+\$3)**  
Circle:  
**Sm   M   L   XL                  XXL(+\$3)**

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**Child Sport Tec T-Shirt**

Circle:  
**Short Sleeve                  Long Sleeve (+\$3)**  
Circle:  
**Sm 6/8                  M 10/12                  L14/16**

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**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place Female & Male  
*runners in age groups*  
8-10, 11-13, 14-16, 17-19, 20-29, 30-39,  
40-49, 50-59, & 60+

Completed by race staff

Entry # \_\_\_\_\_ Bib # \_\_\_\_\_

**Participation Waiver for Race Registration:**

I know that running (volunteering for) a race is potentially hazardous activity, which could cause death or injury. I will not enter or participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this activity, and I am in good health and I have properly trained. I agree to abide by any decision of the race official relative to any aspect of my participation of this race, including the right of any official to deny or suspend my participation for any reason whatsoever.

I attest i have read the rules of this race and agree to abide by them. I assume all risks associated with running in this event, including and not limited to: falls, contact with other participants, the effects of the weather, high heat and/ or humidity, conditions on the trail and dike. I understand that bicycles, animals, roller skates, roller blades, and personal music are not allowed in this race and I will abide by all the race rules.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release "RUN GSA", the borough of Forty Fort, The Flood Authority, the Luzerne County Complex, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation of this event, even though the liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all the forgoing to use my photographs, motion pictures, recordings, or any other record of this event for any record of this event for any legitimate purpose.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**If under 18**  
**Parent's**  
**Signature:** \_\_\_\_\_

**Thank you for participating**

POSTED AT NEPARunner.com 8/26/17