

Plains Lions Inaugural 5k Fun Run & Walk

Enjoy a non-competitive, scenic run/walk through Plains!

Race route includes inclines, declines, as well as a short trail route through the woods!

Food, Beverages, Vendors, and Live Music Entertainment.

WHEN: Sunday, October 15, 2017.

LOCATION: Plains Lions Pavilion

TIME: Registration from 8:00AM-9:00AM.
Race/Walk Begins 9:15AM

Register on or before October 1, 2017: \$10.00 (adults), \$5.00 (children 13 and under) and ensures t-shirt. Registration after October 1, 2017 or on day of event: \$15.00 (adults), \$10.00 (children 13 and under).

Advance Race Packet and Shirt Pick-up: Saturday, October 14, 4-6pm at the Plains Pavilion

Registration forms can be found at our Facebook page, Plains Lions. For more information or for sponsorship information, visit our Facebook page or contact Ryan Molitoris at ryanmolitoris@gmail.com.

PLAINS LION'S 5K FUN RUN & WALK
October 15, 2017. Registration: 8AM-9AM. Race Begins at 9:15AM
Start/Finish Location: Plains Lions Pavilion

REGISTRATION FORM

Complete and return with entry fee of \$10.00 (adults),
\$5.00 children 13 & under, by October 1, 2017 to:

Ryan Molitoris
16 Price St., Plains, PA 18705

Name: _____

Circle One: Male Female

T-Shirts for the first 250 entries

Address: _____

Age: _____ T-Shirt size: _____

City: _____

State: _____ Zip: _____

Email: _____

Phone: _____

Emergency Contact Name: _____ Phone Number: _____

**** EVENT PARTICIPANT WAIVER: READ BEFORE SIGNING ****

In consideration of being allowed to participate in any way in the Plains Lion's 5K Fun Run & Walk, on Sunday, October 15, 2017, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from activities involved in this event is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury and/or death does exist. I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road and trail race. I acknowledge all such risks are known and understood by me.
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Releasees or others, and assume full responsibility for my participation;
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such attention of the nearest official/volunteer immediately; and
4. I, for myself and on behalf of my heirs, assign(s), personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Plains Township, its Board of Commissioners, Recreation Board, the Lions Club of Plains Township and Lions International, their officers, officials, agents, members, employees, other participants, sponsoring agencies, and sponsors ("Releasees"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the Releasees or otherwise, to the fullest extent permitted by law.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Participant Signature: _____

Date: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE OF 18 AT TIME OF REGISTRATION), this is to certify that I, as parent/guardian with legal responsibility/authority for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law

Parent/Guardian Signature: _____ Date: _____