

Storm the Bastille 5K Run

Saturday, July 14 @ French Azilum Historic Site

Registration: 8:30, Gun time 9am

Ample Parking. Start/finish is at the historic site, a beautiful flat country run. A great 5K (accurately marked) to increase your time and preserve the French Azilum Historic Site, 469 Queen's Rd, Towanda, PA 18864.

Register by June 8 for guaranteed FREE T-SHIRT

Free shirts while supplies last after June 8

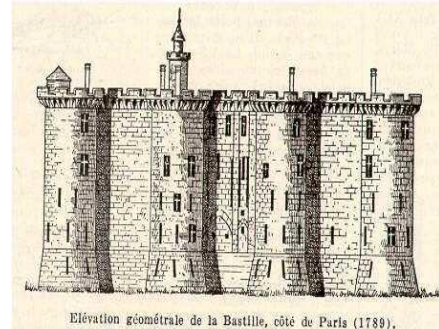
5K awards: Top overall M/F, 14 & under M/F,

15-19 M/F, 20-29 M/F, 30-39M/F,

40-49 M/F, 50-59 M/F, 60+ M/F

5K: \$20 before June 8/\$25 after

Water & Snacks at Finish!



Make Checks payable to French Azilum, Inc....

Mail to 94 Holly Hill Road, Dushore, PA 18614

Questions? Lee, frenchazilum@epix.net

Name: _____

Phone (____) _____ Email: _____

Address: _____

City: _____

Please circle adult T-shirt size: Small Medium Large X-Large 2X

WAIVER: I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities. I understand that no insurance coverage is provided by CCEEC, PA DCNR or sponsors. I further give permission for emergency care to be rendered to myself or child should I not be available or able to give such permission. I know that running a race is a potentially hazardous activity I should not undertake unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this release and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, waive and release CCEEC, board members, PA DCNR, all race sponsors, assistants and volunteers, from all claims and liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. CCEEC may use race day photographs in which I may appear, for promotional purposes.

Signature: Parent or guardian signature if participant is less than 18 years of age on day of race