

The 10th Annual
Pauly Friedman
5K Family Walk/Run

sponsored by:



MISERICORDIA
UNIVERSITY



The Friedman Family

For questions or Sponsorship Opportunities,
please contact Amber at ALoomis@fsanepa.org
or (570) 823-5144, ext. 309

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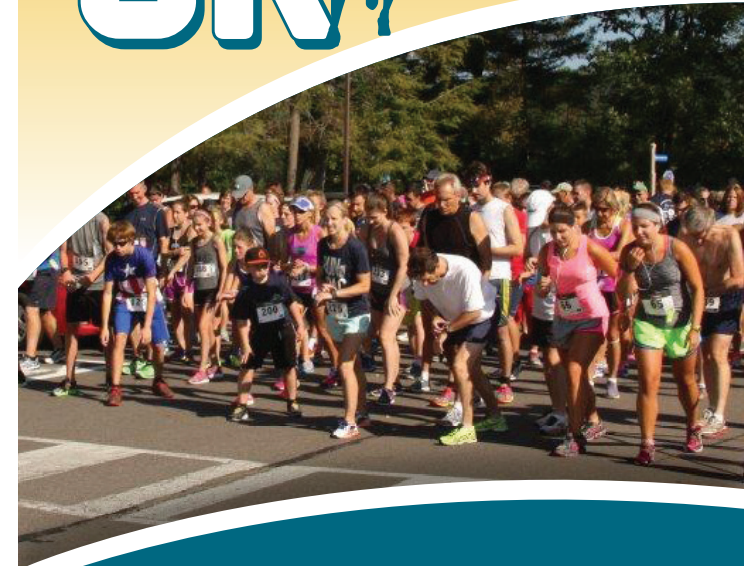
Family Service Association of Northeastern PA

31 W. Market Street
Wilkes-Barre, PA 18701

Return Service Requested



10th Annual
Pauly Friedman
5K Family
Walk/Run



Sunday, August 5, 2018

Registration Begins at 8:00 AM
Anderson Sports & Health Center
Misericordia University

Held rain or shine!

Proceeds benefit

Help Line/211



Pauly Friedman

Pauly Friedman was a Board Member at Family Service Association of NEPA. She served as Board Chair from 1988 through 1990 and organized the first fundraiser for Family Service Association of

NEPA in modern history. Pauly also formed the Friends Committee, the volunteer fundraising arm of Family Service Association of NEPA. The Walk/Run is in memory of Pauly and her commitment to families. Proceeds raised from this event will benefit Help Line/211, Pauly's favorite program at Family Service Association of NEPA.

DATE: Sunday, August 5, 2018

LOCATION: Misericordia University, Anderson Sports & Health Complex, Lake Street, Dallas

REGISTRATION TIME: 8:00 am

RACE TIME: 9:00 am

DISTANCE: 5k (3.1 miles)

REGISTRATION FEE: \$25.00 per person or \$20.00 per student; \$5.00 extra per person after July 29th.

Please pre-register by July 29th.

All pre-registrants will receive a T-shirt. Walk-ups are welcome. T-shirts will be given while supplies last.

To register online, visit:

fsanepa5k2018.eventbrite.com

AWARDS

Trophies will be awarded to overall Male and Female runners. Medals will be awarded for 1st, 2nd and 3rd place, with best overall times in seven age categories.

Trophies will be awarded for first place overall Male and Female walkers. Medals will also be awarded to the 2nd and 3rd place walkers coming across the finish line.

The Team who has the most participants will take home the "Anne Glauber Team Spirit" traveling trophy. Anne, Pauly and Sid Friedman's daughter, followed in her mother's footsteps and was a strong believer in giving back to the community.

The Team that raises the most money will take home the "Answer the Call" traveling trophy.

*Eligible teams must consist of 5 or more participants

Please join us for the post-race awards event which will include refreshments, DJ, face painting and gift basket raffles!

Get your raffle tickets for your chance to win a 3 minute shopping spree at Gerrity's! Tickets are \$5 for one or \$20 for five.

ABOUT HELP LINE/2-1-1

Family Service Association of Northeastern Pennsylvania presents **The 10th Annual Pauly Friedman 5k Family Walk/Run.**

Help Line/211 is a program run by Family Service Association of Northeastern Pennsylvania serving 17 counties as an information and referral service and first response point for crisis calls. Some of these calls include disaster relief, mental health, homeless services, child abuse/neglect, energy assistance, runaways, holiday assistance, victim services and substance abuse. Help Line has continued to be a loyal safety net for Northeastern Pennsylvania and is critical to the residents, communities and service providers in providing 24/7 telephone information, referral, advocacy, and after hour crisis support for the past 46 years. Last year alone, Help Line handled over 85,420 calls. To access Help Line, simply dial '211' or text your zip code to TXT211. For more information about Help Line, visit us online at www.fsanepa.org



Pauly Friedman 5k Family Walk-Run

OFFICIAL REGISTRATION FORM

Register today by filling out this form and mailing it to:

FSA NEPA

31 West Market Street | Wilkes-Barre, PA 18701

or fax to 570-829-5054

Name:

Address:

Phone #:

Email:

Gender: Male Female **Age:**

Event: Walk Run

T-Shirt Size: S M L XL
 XXL XXXL

Payment Method:

Visa MasterCard Discover AMEX Check*

Credit Card #:

Expiration Date:

*Make checks payable to: FSA NEPA - Walk-Run

TEAM REGISTRATIONS

Teams MUST consist of five or more participants. To register a team, please contact Theresa at TLangan@fsanepa.org or (570) 823-5144, ext. 312

Team Name:

Team Captain:

Address:

Phone #:

E-Mail:

Please Read and Sign the Waiver Below

As a condition for my entry and participation in Family Service Association of Northeastern PA Pauly Friedman Family Walk/Run (the event), I, intending to be legally bound, do hereby forever waive, release and discharge (on behalf of myself, my heirs and assigns, and my executors and administrators) any and all rights that I may now have, or that may hereafter accrue to me, to assert any demands, claims or causes of action, of whatever nature or origin, against FSA NEPA or its agents or representatives; of Dallas Twp. or its employees, agents or representatives; Misericordia University or its employees, agents or representatives and any and all sponsors or promoters of the Event, including but not limited to any demands, claims or causes of action related to any injuries suffered by me while participating in or traveling to or from the Event.

Signature: **Date:**