



9th Annual
Dushore Founders Day 5K Run/5K Walk, 10K Run
sponsored by the Sullivan County Recreational Association

Date: Saturday, August 11, 2018

Time: 9:00 AM

Location: Dushore, PA

Events: 5K Run, 5K Walk, and 10K Run

Description: The Start and Finish is at the soccer field in Dushore behind the ACE Hardware. It is an out and back course. There are some steep hills on the course making it very challenging. Mile markers every mile and water stations at halfway point of 5k and 10k.

Trophies for 1st place Overall finisher in 5k run, 10k run, and 5k walk. Medals in each age division for 5k run male and female 13 under, 14-19, 20-29, 30-39, 40-49, 50-59, Mature Adult. 10k run: 20-29, 30-39, 40-49, over 50.

Registration: \$20 to pre-register and \$25 day of the race

Pre-registration can be mailed to:

SCRA P.O. Box 307 Laporte, PA 18626

Registration will also be available on race day from 8:00-8:30AM.?????

Make checks payable to the Sullivan County Recreational Association

Contact: Sue Mullen at jsmullen@epix.net or Sullivan County Recreational Association on Facebook

By signing this entry form I, for myself, my heirs, lawyers, executors and administrators waive and release any and all rights and claims for personal damages I may have against the S.C.R.A. (sponsors of this race), Dushore Borough, Cherry Township and the State of Pennsylvania. I hereby certify that I am physically fit and have trained for this event.

Please fill out and return to: SCRA Box 307 Laporte, PA 18626

Please print clearly with full address. Thank You.

Shirt Size: Small Medium Large Extra Large (circle one)

Event: 5k Run 5k Walk 10k run (circle one)

Name _____

Address _____

City State Zip _____

Phone# _____ Age: _____ Sex: M or F

Signature _____ Date _____

Guardian Signature (if under 18)
