



PA. SUMMER BIATHLONS

SPONSORED BY ●●●●●
PENNSYLVANIA BIATHLON CLUB

NESCOPECK HUNTING & RIFLE CLUB
PINE ST. NESCOPECK, PA. 18635

DATES: SAT. MAY 19. 2018 -9:30 AM START---8AM BEGINNERS CLINIC

SAT. JULY 14. 2018 -9:30 AM START---8AM BEGINNERS CLINIC

DIRECTIONS: I-80 TO EXIT 256--OR I-81 TO EXIT 145--NORTH - RT 93TO PINE ST-7.7 MI.

REGISTRATION FEE--PRE-ENTRY \$20.--RACE DAY \$25.--CHECKS PAYABLE TO FRANK GAVAL
ALL EQUIPMENT PROVIDED---T-SHIRTS--REFRESHMENTS

..... **THIS IS A FOOT RACE ---PLEASE NO BABY STROLLERS, BIKES, PETS. ETC.**

DESCRIPTION OF EVENT

5K RUN---25M SHOOT---70M PENALTY LOOP--THE 5K RACE & TIMING START WITH WAVES
OF 1 OR 2 RUNNERS--AT YOUR OWN PACE RUN THE FIRST LOOP, WALK ZONE, LAY DOWN
SHOOT .22 CALIBER RIFLE 5 SHOTS--EACH TARGET MISSED RUN A PENALTY LOOP--REPEAT
YOUR RUN--ENTER RANGE (THIS TIME SHOOT SANDING-RUN PENALTY LOOPS FOR MISSES
FINISH RACE WITH YOUR LAST RUN

AWARDS: 1ST OVERALL MALE & FEMALE---TOP 3 AGE GROUPS-- (12-13, 14-15,16-19,20-29,30-39,40-49
50-59,60+-----1ST MALE & FEMALE MASTERS

OTHER RACE DATES----- ALTOONA JUNE 13-----OIL CREEK STATE PARK AUG 11

ENTRY FORM--MAIL TO FRANK GAVAL--369 TURKEY PATH RD. SUGARLOAF, PA. 18249
CALL 570-788-4219-----E-MAIL BARB123@PTD.NET

NAME _____ AGE _____ MALE ___ FEMALE ___
 ADDRESS _____ PHONE _____
 E-MAIL _____ SHIRT SIZE--MED ___ LG ___ XLG ___
 I AM A FIRST TIME COMPETITOR & WILL ATTEND CLINIC _____ HAVE MY OWN RIFLE _____

**RELEASE---IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY, I FOR MYSELF, MY EXECUTORS, ADM-
 INISTRATORS & ASSIGNS, DO HEREBY RELEASE & DISCHARGE SUMMER BIATHLON,U.S. BIATHLON
 ASSOCIATION, NESCOPECK HUNTING & RIFLE CLUB, INSTA RESULTS,LUPINI FARMS, BORO OF NESCOPECK
 & OTHER SPONSORS FROM ALL CLAIMS OR DAMAGES, DEMANDS, ACTIONS WHATSOEVER IN THIS EVENT
 & I AM PHYSICALLY & SUFFICIENTLY TRAINED TO PARTICIPATE IN THIS EVENT.**

SIGNATURE _____ DATE _____

MAY _____ JULY _____