

# Rattlesnake Run

5K & One Mile Fun Walk

Saturday, June 19 Lehigh Gorge State Park

Rolling Starts, 8:00 to 8:30 a.m.

Ample parking & start/finish at Jim Thorpe Glen Onoko access to park  
Benefits Carbon County Environmental Education Center

T-shirts guaranteed for entries rec'd by May 28

Free shirts while supplies last after 5/28

5K awards: Top 3 overall M/F, 14 & under M/F(2)  
15-19 M/F(2), 20-29 M/F(3), 30-39 M/F(4)  
40-49 M/F(4), 50-59 M/F(4), 60+ M/F(3)

5K = \$25 before May 7 / \$30 after  
Fun Walk = \$15 before May 7 / \$20 after  
Giant organic cookies at finish!



**RUN!**

Virtual options available. This form for in-person only.  
Email Susan Gallagher for details at sugal@ptd.net or search for race at raceentry.com

Make check payable to CCEEC.  
Mail to 151 E. White Bear Drive, Summit Hill, PA 18250

Name: \_\_\_\_\_ Gender: M F Age on race day: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Circle Event: 5K 1Mile

Please circle adult T-shirt size: Small Medium Large X-Large

WAIVER: I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities. I understand that no insurance coverage is provided by CCEEC, PA DCNR or sponsors. I further give permission for emergency care to be rendered to myself or child should I not be available or able to give such permission. I know that running a race is a potentially hazardous activity I should not undertake unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this release and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, waive and release CCEEC, board members, PA DCNR, all race sponsors, assistants and volunteers, from all claims and liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. CCEEC may use race day photographs in which I may appear, for promotional purposes.

Signature Parent or guardian signature if participant is less than 18 years of age on day of race \_\_\_\_\_ Indicate nut allergies above \_\_\_\_\_