

10th Annual

# HAWLEY SPRING RUN

5K RUN/WALK

## A Race Against Suicide

<b>*WHERE IS THE RACE?</b>	<b>PRE-REGISTRATION:\$15 DAY OF:\$18 (Virtual Option: \$20 - T-Shirt postage included)</b>	<b>*WHERE CAN I REGISTER?</b>
<b>Location:</b> Bingham Park, Hawley <b>Date:</b> Sunday, June 5, 2022 <b>Time:</b> Start 1PM, Reg: 11-12:30 in Gazebo No dogs permitted except service <i>A RAIN OR SHINE EVENT</i> <b>*Due to COVID-19, a virtual option is also available</b>	<b>Runners:</b> Trophies awarded to 1st place overall male /female Medals awarded to 1st, 2nd, and 3rd in age groups: 0-9,10-14,15-19,20-29,30-39,40-49,50-59,60-69,70-79,80+ <b>Walkers:</b> 1st,2nd,3rd place ribbons to overall walkers <i>Every Registrant gets 1 free raffle ticket</i> <b>*Pre-register by May 10th and T-Shirt guaranteed</b>	<b>Fill out registration below and mail to:</b> Hawley Spring Run 2022 % Whitmans 1050 Rainbow Drive Lake Ariel,PA 18436 <b>*Or REGISTER ONLINE:</b> <a href="https://runsignup.com/hawleyspringrun">runsignup.com/hawleyspringrun</a>

5K course: Easy to moderate road, sidewalk and grass surfaces. Scenic. If you have any questions please call: (570) 689-3345, or email [cwhitman@echoes.net](mailto:cwhitman@echoes.net). Proceeds of this non-profit competitive 5K benefit a scholarship given out at Wallenpaupack Area High School. The criteria includes a 250 word essay on suicide prevention and awareness. More details available in the High School's guidance office. Also benefits the Northeast Suicide Prevention Initiative (NSPI).

**REGISTRATION:** In-Person:  Virtual:  (mail virtual results to [cwhitman@echoes.net](mailto:cwhitman@echoes.net). T-shirts will be mailed to address below)

Please make checks payable to: Tyler Paul Whitman Memorial Scholarship fund

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Male:  Female:  Age (Day of Race): \_\_\_\_\_ Walk:  Run:  T-Shirt Size: Adult XL:  AL:  AM:  AS:

Email: \_\_\_\_\_ Emergency Contact/Phone: \_\_\_\_\_

**\*ALL PARTICIPANTS MUST READ AND SIGN THIS WAIVER IN ORDER TO PARTICIPATE. (MINORS UNDER 18 MUST HAVE PARENT/GUARDIAN SIGN).**

**By signing this waiver, I agree to no known recent exposure to COVID-19, and no symptoms associated with COVID-19. I will follow current COVID-19 protocols.**

### **\*Sign Here:**

**Participant Waiver:** I know that participating in a run or walking event is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I also know that, although police protection may be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I agree to and abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the condition of the road/trail, all such risks being known and appreciated by me, including exposure to COVID-19. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. I understand that for safety, bicycles, in-line skates, skateboards, and animals are not allowed in the run. I understand that jogging strollers can be used during the race and it is the sole responsibility of the individual operating the jogging stroller and I, as a fellow participant to be aware of the jogging stroller and maintain awareness of these strollers and allow for a safe environment for all participants. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, or anyone acting on my behalf waive, release, and hold harmless all volunteers, suppliers, sponsors, affiliates, The Hawley Spring Run committee, Hawley Borough, Hawley police, Hawley ambulance, Green Gates cemetery, and all aforementioned named parties, respective directors, race officials, officers, employees, agents, representatives, successors, and any individual or group associated therewith, from and against all claims, damages, liabilities, costs of expenses of any kind, including reasonable attorney's fees arising out of my participation in this event even though that liability may arise out of my negligence or carelessness and/or the negligence or carelessness of any individual or organization named in this waiver. I also grant permission to use any photo or other promotional record of this event for any legitimate reason. I also understand there are no refunds if I do not participate in the run or the run is cancelled due to unforeseen circumstances.