



5K/10K TRAIL RUN
SATURDAY, MARCH 25TH 2023
11:00 AM

COURSE INFO: 5K/10K Trail Race held on a mix between grass and trails. You will have the option to choose your race distance mid-race. One loop for 5K, two loops for 10K. The race will be held regardless of weather conditions.

LOCATION: 212 White Horse Pike, Millville, PA 17846

REGISTRATION: @10:00 AM. No entry fee. It's a **FREE** race!

DIRECTIONS: From Millville, Take Route 42 North approximately 2.2 miles. Turn right on Whitehorse Road (it is a dirt road). Follow Sick Trail Run signs for 2 miles to the Sick Farm. For best results, use Rt. 42 and follow Trail Run Signs instead of GPS.

Please No Dogs

If you have questions, contact us at (570)394-9804.

NAME _____ AGE _____ GENDER _____

STREET _____

CITY _____ STATE _____ ZIP CODE _____

PHONE # _____ EMAIL _____

Waiver: In consideration of this entry being accepted, I intending to be legally bound, waive and release any and all rights and claims for injuries that may occur at this event, against the organization holding the event.

Signature _____ Date _____

Parent (If Under 18) _____ Date _____