

17<sup>TH</sup> ANNUAL NVRC/HERBIE'S HOME "TOWN LOOP" (HHL) Saturday,  
August 05, 2023  
**Bellefonte, PA**  
4-mile run/walk 8:30am

Jeremy Herbstritt was a 1998 Bellefonte Area High School graduate who loved life and the outdoors. He, and 31 other students and professors, were killed during a mass shooting on April 16, 2007 at Virginia Tech University in Blacksburg, Virginia.

*Herbie's Home "Town Loop"* was created by Jeremy's family and friends in 2007 to remember and honor him, and give something back to the community who gave so much to them in their time of grief.

Funds raised from this year's event will benefit the *VTV Family Outreach Foundation's VTVCare* program. *VTVCare* is an endowment fund that provides financial assistance to mass shooting survivors nationwide to help cover long-term trauma-related medical and mental healthcare expenses that insurance and other governmental programs do not cover. For more information on *VTVCare*, please visit [www.vtvcare.org](http://www.vtvcare.org)

COURSE: The 4-mile course is wheel measured. The run/walk begins and ends at the Bellefonte Area HS track (new location) and traverses the perimeter of the town of Bellefonte.

ENTRY FEES: \$25 if postmarked by August 01, 2023. \$30 thereafter, and on race day. Online registration:

<https://runsignup.com/Race/PA/Bellefonte/17thAnnualNVRCHerbiesHomeTownLoop4MileRunWalk>

T-shirts will be guaranteed to the first 100 entrants.

RACE DAY REGISTRATION and BIB PICK-UP will take place on Saturday, August 05, 2023 beginning at 7am at Rogers Stadium (Bellefonte Area track).

PRE-RACE DINNER and ROUNDTABLE DISCUSSION: A pre-race dinner and roundtable discussion on mass violence and the unmet long-term trauma-related medical and mental healthcare needs of mass shooting will take place on Friday evening, August 4, 2023. Location TBA. *VTV Family Outreach Foundation* will present on their focus program, *VTVCare*. We invite community members, educators, politicians, and healthcare workers to join us in this important discussion intended to bring awareness to the long-term trauma-related needs of mass shooting survivors, and changes we can implement into that might halt the rising epidemic of mass violence in our society.

FREE PARKING is available at Bellefonte Area High School

CHECKS should be made payable to the: "NVRC" (Nittany Valley Running Club)

---

Entries can be MAILED to: Kim Gasper, Race Director, 104 Fieldstone Lane, Bellefonte, PA 16823.

RUN AWARDS will be given to the overall top male and female participants. Awards will also be given to the top three individuals in the following male and female age groups: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60 and up. A special Nittany Lion statue award will go to the top 20-29 year old (corresponding with Jeremy's age group at the time of his death).

AMENITIES: Refreshments, time clock at finish, mile splits, entertainment, kid's activities, fun, family-oriented event and more at the track!

Interested in volunteering, please email Kim at [kgasper@basd.net](mailto:kgasper@basd.net)

-----  
"For and in consideration of permitting my child and/or ward to participate in NVRC/Herbie's Home "Town Loop" run and/or walk and/or events, I hereby agree to indemnify and hold harmless the race organizers and directors, the Bellefonte Area School District, the Bellefonte Borough, Spring Township, and all other organizations directly or indirectly associated in any way with this race from and against any loss or expense, to include reasonable attorney fees, arising out of my child's and/or ward's participation therein."

"For and in consideration of my participation in NVRC/Herbie's Home "Town Loop" run and/or walk and/or events, I hereby agree to release and hold harmless the race organizers and directors, the Bellefonte Area School District, the Bellefonte Borough, Spring Township, and all other organizations directly or indirectly associated in any way with this race from and against any loss or expense, to include reasonable attorney fees, arising out of my participation therein."

Last name \_\_\_\_\_ First name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Sex: M F Race Day Age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

T-shirt (adult sizes): **S**    **M**    **L**    **XL**

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/2023

Parent's Signature (if under 18 years of age)

\_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/2023