## Wyoming County Fair 5K X-Country Race

The 30<sup>th</sup> annual Wyoming County Fair 5k X-Country Race will be held Wednesday, **August 30th, 2023** at <u>6:45 PM</u>. It is held in conjunction with the annual Wyoming County Fair. The fairgrounds are located just off Route 6W, 2 miles north of Meshoppen, or 11 miles northwest of Tunkhannock. Fun for the entire family!!!!!!

Course is truly cross country. It is wheel measured and is entirely comprised of dirt road, hard-packed tarred dirt road, grass, field, or wooded paths.

Awards to the first overall male and female. Special awards to the first male and female residents of Wyoming County. Awards in the following 17 age groups. No duplication of awards except special county awards.

| MALE:          | FEMALE:        |
|----------------|----------------|
| 12 & Under (3) | 12 & Under (3) |
| 13 – 15 (7)    | 13 – 15 (5)    |
| 16 – 18 (7)    | 16 – 18 (6)    |
| 19 - 29 (5)    | 19 - 29 (3)    |
| 30 - 34 (5)    | 30 - 39 (4)    |
| 35 - 39 (5)    | 40 49 (3)      |
| 40 - 44 (4)    | 50 & Over (3)  |
| 45 - 49 (3)    |                |
| 50 - 59 (5)    |                |
| 60 & Over (3)  |                |

## COURSE RECORDS: MALE – Reese Ayers 16:59 FEMALE – Maggie Toczko 19:22

Registration from 5:30 pm to 6:30 pm at the fairgrounds **MAIN ENTRANCE**. Pre-Registration fee is \$15.00. Race Day Registration is \$20.00. Registration fee includes a shirt, and entrance to the fairground for the participant. <u>Spectators that do not wish to pay the entrance fee but wish to see the race must</u> park in the vendor parking lot off Myo Beach Road. At this site you will see the runners pass twice plus the finish, but you will NOT be allowed into the fair!!!!

Send pre-registrations, and direct questions to: Ed Hetzel, 38 Marina Dr, Tunkhannock, PA 18657, 570-909-8994, longrunner11@mac.com. Make checks payable to: Wyoming County Fair

In signing this entry, I, for myself, my heirs, lawyers, executors, and administrators, waive and release any and all the sponsors of the race. I hereby certify that I am physically fit and have trained for this event.

| Name                                      |                    | Age               |    |  |  |
|---|--------------------|-------------------|----|--|--|
| Street                                    | Sex M F            | Shirt size: S M L | XL |  |  |
| City                                      | State              | ZIP               |    |  |  |
| Resident of Wyoming County?? YES NO Email |                    |                   |    |  |  |
| Signature                                 | Parent if Under 18 |                   |    |  |  |