

# 9<sup>th</sup> Annual 5K Harvest Moon Run/Walk

Saturday, October 7, 2023 3:30PM

Registration beginning at 2PM

At the Emerson Theater  
283 Hazle St, Nuremberg PA



Course is out and back with slight incline. Shirts to first 50 registrants!  
Awards to the first overall male and female runners. Awards to top three runners in the following age groups.  
No duplication of awards.

## MALE & FEMALE

12 & Under  
13 – 15  
16 – 18  
19 – 24  
25 – 29  
30 – 34  
35 – 39  
40 – 44  
45 – 49  
50 – 54  
55 – 59  
60+

## Entry Form

\_\_\_ 5K Run \$15 **postmarked by 9/23/2023** (Race day \$20)    \_\_\_ Walkers: \$10 (Race Day \$15)

Name \_\_\_\_\_ Ph# \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip Code \_\_\_\_\_

Age as of: 10/7/2023 \_\_\_ DOB \_\_\_\_\_ Sex: M F Requested Shirt: S M L XL 2XL

Emergency Contact Name and Phone # \_\_\_\_\_

If necessary, I hereby authorize the above-named runner to be treated by any qualified, licensed and medical personnel. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of weather, traffic conditions of the road, and such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act of my behalf, waive and release the Harvest Moon Run, Insta Results Timing, the Nuremberg Community Players and ALL sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

## Check Payable: Harvest Moon Run

Remit to: Race Director, Rebecca Nenstiel, 699 Weston Rd, Sugarloaf, PA 18249

Contact: Rebecca Nenstiel (570) 384-2588 or [rebeccanenstiel@gmail.com](mailto:rebeccanenstiel@gmail.com)

*Net proceeds to benefit The Nuremberg Community Players*