

LN  TT
cares
2025

5k
WALK/RUN
PART OF THE LAKE NAOMI/TIMBER TRAILS RALLY

SUNDAY JULY 13, 2025

POCONO MOUNTAIN WEST HIGH SCHOOL

181 Panther Lane • Pocono Summit, PA



Check-in: 7:30 AM - 8:30 AM

Event Start: 9:00 AM SHARP

REGISTER AT:
raceroster.com/101767

Must be completed by:
Thursday, July 10th at 11:00pm

\$25 includes Race Tee
for first 150 registrants

*Bib and t-shirt pick up for pre-registered entrants
will be held FRIDAY, JULY 11TH from
3pm - 6pm at the NE Corner of 940/423 Pocono Pines*

"Day of" Registration \$30 CASH ONLY

THIS YEAR'S PROCEEDS TO BENEFIT:

SAFE 
monroe
Where Abuse Ends & Hope Begins

**Bring extra cash to event
for a chance to WIN
fabulous raffle prizes!**



AWARDS
OVERALL TOP 3
Male/Female Categories

AGE Groups
9 & Under -
70 +

For more information or for volunteer opportunities:
5kwalkrun4fun@gmail.com